



Mills E. Godwin High School  
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godwineagles.org

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Priceless

## Godwin names senior Nick Aaron 2018 Mr. MG



photo courtesy Thor Macht



photo courtesy Thor Macht



photo courtesy Thor Macht



photo courtesy Thor Macht

For details on the individual acts and round winners see: **MG, page 13**

Clockwise from left: Aaron (bottom) is crowned by 2017 winner Michael Whitty. Aaron (l) and fellow participant junior Andrew Seccia during opening number. Junior James Dozier during the talent act. Senior Henry Brown during the Character Round.

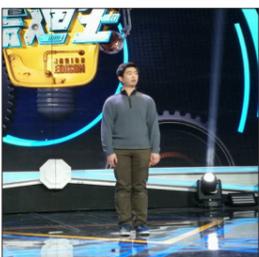
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# Putting life into perspective

## Ryan Estrada reflects on the debilitating car crash that changed his life forever

**Ben Grott**  
Staff Writer

Life can change in an instant, as junior Ryan Estrada recently discovered.

On Nov. 8, 2017, Estrada was involved in a life-altering car accident.

The accident occurred when Estrada was running late to school on a rainy Wednesday morning. While attempting to avoid a bicyclist on the road, Estrada swerved and lost control of his vehicle.

The car hit a mailbox and a tree near the library on Gayton Rd, severely injuring Estrada.

His immediate reaction was fear.

"I first thought 'Oh no, I can't move,'" said Estrada.

A woman discovered the scene and first believed she was looking at a dead body when she saw a limp Estrada in his car.

Estrada was rushed to the hospital with severe injuries, suffering a broken vertebrae in his neck, broken ribs, a mild concussion, and a serious spinal injury, resulting in paralysis from the chest down.

Estrada's mother received the call from Henrico Police and rushed to the hospital.

"When I saw Ryan in the emergency room, I was relieved that he was alive, but I quickly realized he was in bad shape when I saw how low his blood pressure and heart rate were. He could not even feel me holding his hand," she said.

At the VCU Medical Center, Estrada was immediately sent into surgery to fuse his C3, C4, and C5 vertebrae back together.

However, before undergoing the complex spinal procedure, Estrada met an unexpected visitor. In a moment Estrada described as an "out-of-body



photo courtesy Ryan Estrada

The remnants of Estrada's car after the crash on Gayton Rd.

experience", he spoke with his deceased uncle and grandfather, whom he never had the chance to meet in real life.

"It felt surreal, but calming and humbling. My uncle Jack reached out to me, took away my pain right before my surgery, and assured me that I was in God's hands now. I felt at peace," said Estrada.

Estrada spent a week in the Trauma Center and was then moved to the Spinal Cord Injury Rehabilitation Center for extra recovery time.

"My hospital stay at VCU helped me adapt to a whole new living experience. The people there were the people I trusted to do what they could to help me recover enough to come home and begin my new journey," said Estrada.

While in the hospital, Estrada received support from various people in the community, such as family, teachers, friends, and coaches.

Most notably, however, was



photo courtesy Ryan Estrada

Estrada works on strengthening his legs during physical therapy

when USA Olympic swimmer and gold medalist Townley Haas visited Estrada. Estrada's older brother Michael used to swim with Haas, and the families have known each other for years.

"I felt inspired when Townley

came to visit on his Christmas break from college. It was funny to laugh at a time I was in the locker room at NOVA after he won his gold medal," said Estrada.

**see ESTRADA pg. 3**



photo Julianna Jett

Art III students researching information and brainstorming for their monument project.

## Students replace arguments with artwork

### Project opens discussion on monument controversy

Julianna Jett  
Staff Writer

Over the past few years, monuments have become an object of controversy throughout our nation.

The tragedy in Charlottesville and issues surrounding Monument Avenue amplified that controversy, hitting close to the Godwin community.

On Aug. 11, Neo-Nazis and protestors of the removal of confederate statues rallied around Charlottesville's Robert E. Lee statue at Emancipation Park.

They were met with counter-protestors, and the rally ended when "white right" protestor James Field ran a car into a group of counter-protestors on Aug. 12.

Art teacher Lindsey Hurlburt decided to create a project that addressed the monuments and the issues surrounding them.

Her inspiration came from a dear friend of hers, a police officer who passed away during the Charlottesville protests.

"The project is personally meaningful to me, and I think this is the first time where there is an opportunity to study art that is deeply meaningful, timely, and that really shows the importance of our public art, and how it affects our community," said Hurlburt.

Hurlburt researched different possibilities for her project so that she could assign the project without offending anyone, as well as allowing all of her students' opinions to be heard. The assignment was given to her Art III students.

"The project is based on the Monument Avenue Commission, which is a group of people that talks about how they can either change the monuments, or add context. This project is based on the idea that my students have been appointed to this commission," said Hurlburt.

The students must research the five Confederate monuments placed on Monument Avenue, and decide based on that research and on general public opinion whether or not they want to take down the statue, add another statue near by, or keep

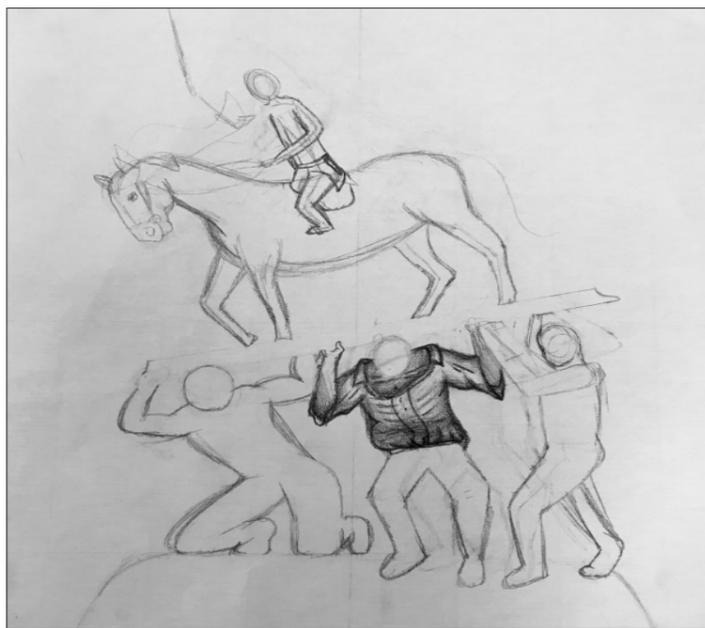


photo Julianna Jett

A first sketch of sophomore Marie Moeller's idea.

the statue as is.

If the students wish to take down the statue, they must figure out something to put in its place.

"My students will draw what they believe their statue should look like, and the idea is to then present some of their ideas to the Commission.

"I believe that having their ideas presented in an official setting could really empower them," said Hurlburt.

Before the project even got started, Hurlburt wanted her students to have a clear understanding of the debate surrounding the statues on Monument Avenue.

Hurlburt asked the Associate Professor of Art Education from Virginia Commonwealth University Dr. Melanie Buffington to discuss the statues in class.

Hurlburt does not hope to change her students' minds, but she said that she wants them to become critical thinkers and problem solvers, and also to learn the history and visual impact of these statues in order to gain a more well-rounded and educated opinion.

"I believe that it is important for other subjects to address controversial issues because I personally think that the reason things like what happened in Charlottesville happen is

because there are not enough critical conversations about race relations.

"[A]s a teacher in any subject matter, we have the opportunity to facilitate those conversations with our future," said Hurlburt.

## The decision is in...

### A look at the other side of a snow day

Dimitrius Gomes  
Staff Writer

It is without a doubt that the 2018 winter season began with a surprise. Just two days after students returned from winter break, bitterly cold temperatures enveloped the Richmond area, followed by several inches of snow.

On Jan. 5th, Godwin received nearly three inches of snow, closing schools as expected. However, with sub-freezing temperatures, it effectively froze, creating dangerous, slick spots on roads. In effect, schools did not reopen until the following Wednesday, disrupting teachers' plans for lessons, quizzes or tests, and preparation for mid-term exams.

For students, a typical snow day calls for sleeping in past normal time, catching up with schoolwork, going sledding, perhaps, and much more. It is essentially a free day for students, where they can do as they please, waiting for the next tweet to see if the relaxation can continue for another day.

Nonetheless, on Nine Mile Road, the work begins several days in advance, according to Communications Director Andy Jenks.

"On the evening or morning of a storm, several members of our Transportation department will get out and drive the roads to get a sense of what conditions would be like for bus drivers, student drivers, and those who walk to school," he said.

"If we feel the conditions will be unsafe, then a recommendation will be made to the superintendent to potentially close or delay the opening of school," said Jenks.

Once the suggestion reaches superintendent Dr. Patrick Kinlaw, it is up to him to make the final decision, according to Jenks. The decision is then made and relayed back to the Communications department to send the final message.

While students enjoyed the

year's first winter storm relaxing and catching up with schoolwork, Henrico County maintenance crews plowed, shoveled, and laid salt on roads and sidewalks in order for students to return to school as quickly as possible.

However, with below-freezing temperatures lingering after the storm, it took four snow days for students to return safely to schools.

Speculation arose upon students' returning that mid-term exams may have been on the chopping list, and students anxiously waited for Jenks' messages thereafter. The following day, he made an announcement regarding the exams, stating that they would be cancelled.

Coincidentally, mid-term exams have not been taken since the 2014-2015 school year because of January snow. Many students have expressed joy at the fact that they have not taken them, but some say not taking them affects students' experience on future exams in high school or college.

"Last year we surveyed principals, teachers, students and parents about the best way to handle mid-term exams if we were to lose two or more days of instruction due to weather. The feedback we received indicated that we should cancel exams and instead devote that time to classroom instruction," said Jenks. "While we feel exams are important, we feel the additional instructional time is more important."

Because of the consistent January snow, mid-term exams will now be taken in December, beginning in the 2018-2019 school year, according to Jenks.

"We hope to avoid complications caused by inclement weather," he said.

As the next winter storm occurs, Henrico County Public Schools assure that they will have crews working to clear snow and resume classes safely and promptly.



**ESTRADA from pg. 3**

He also received letters from the Godwin swim team, St. Mary's Church teen groups, and people who saw the story on the news.

"My room in rehab was always loud. All of these visits and letters kept my spirits up and kept me motivated," said Estrada.

Estrada is now back home, but not without drastic changes to his lifestyle and everyday tasks.

He will go to therapy four days a week for about three months in order to work on regaining various movements in the body.

"I have had to adapt a lot because I am paralyzed from the middle of the chest down, and I have little use of my hands. I am very dependent on others to do simple tasks for me," said

Estrada.

With new hardships arising for Estrada and his family, others in the community have stepped up to help in different ways, and his mother had to quit her second job to stay with Estrada on the weekends when she would normally work.

Fundraisers including bake sales from his cousin in Ireland, hot chocolate stands on tacky light tours, and donations from churches all contributed to the therapy and medical bills.

A GoFundMe was also created by a family friend to also help pay for expenses such as a wheelchair accessible shower where their old mudroom used to be and a wheelchair accessible van to get Estrada to therapy.

In the direct Godwin community, "Ryan strong" bracelets have been sold around the school. Junior Ryan Bailey, a close friend of Estrada, has been

one of the main distributors of the bracelets.

"Ryan has been like a brother to me since elementary school and for something that serious to happen to him was shocking. It only felt right to raise as much money as possible for him and his family," said Bailey.

Estrada plans to return to Godwin for half days as soon as he can, but his priority is therapy for now.

"My main recovery goal is to walk again before the eighth of November of this year," said Estrada.

In regards to recovery, Estrada's mother is maintaining a continuously affirmative attitude.

"I am in awe of Ryan and his positive attitude dedicated to a full recovery. The road is long and uncertain but we are prepared for this journey through the constant support of our family, friends, community,



photo courtesy Ryan Estrada

Estrada in his hospital bed days after the crash.

medical team, and faith in God," she said.

Although Estrada has new challenges to face in his life, there are positives he has taken from his situation.

"The accident has made me

closer to God, it's made me a fighter, and it's brought me to a realization that the little things in life should not be taken for granted. You're given one life to live, so make the best of it," said Estrada.

# Eyrie Briefing

A snapshot of Godwin news, local occurrences, and national updates to keep our readers informed.

## EAGLE NEWS

### Junior Britton Wilson breaks another national record

Junior Britton Wilson raced in the Virginia Showcase in Lynchburg on Jan. 20, beating her own record for the girls invitational 500 meters. Once again improving the nation's fastest time, Wilson finished at 1:12.28, improving her previous time by 1.05 seconds.

Wilson's biggest competition was Nyjari McNeil of Franklin High School in Maryland, who finished the race with a time of 1:12.39.

Wilson also won first place at the same competition in the 300-meter invitational with a time of 38.38 seconds.

"I was looking forward to having some heavy competition and I think [the race] showed me that I'm stronger than I think and I can push myself harder" said Wilson on her recent success.

### Administrators consider changes to lunches in coming years

Students could potentially see big changes coming to lunches in upcoming years. Godwin administrators are considering hour-long lunches based on the system currently in place at Deep Run High School.

The Deep Run lunches last approximately 60 minutes, with all of the students taking lunch at the same time. The longer time frame allows students to eat, socialize, and meet with teachers for tutoring or making up assignments.

Administrators and teachers have been observing the lunches at Deep Run in recent weeks to make a decision about this policy for future years. No official changes have been made at this time.

## LOCAL NEWS

### General Assembly proposed laws that could affect public schools

The Virginia General Assembly is back in session and on its agenda consists a multitude of bills and proposals relating to public school facilities and education.

#### Synthetic Turf

Henrico County Public schools have planned the installation of synthetic turf starting in the spring of 2018.

However, now the General Assembly wants to put a halt on that installation. The General Assembly wants the Virginia Department of Health and the Virginia Department of Conservation and Recreation to analyze the potential hazardous health effects of synthetic turf before the installation process begins.

The departments must report findings to the Assembly no later than July 1, 2019.

#### Calendar

Since 1986, Virginia school calendars have been dictated by The Kings Dominion Law, a law that restricts Virginia counties from opening schools prior to Labor Day to provide Virginia with an extra week of tourism at amusement parks like Kings Dominion.

The Virginia General Assembly has proposed a bill that would allow local school boards to determine their own calendar and eliminate the post-labor day opening requirement.

Schools would still have to give students Thursday and Friday before Labor Day off.

However, with a change in the calendar, this could be a substantial benefit to students in Advanced Placement level-courses, allowing them more time in the year before AP tests in May.

## NATIONAL NEWS

### Influenza breakout across U.S.

Every year, flu season impacts thousands of Americans, with children and the elderly having the most victims. This season, however, is the most intense strand of flu since the rampant 2009 swine flu, according to federal health officials.

According to the Centers for Disease Control and Prevention, there have been 37 total pediatric deaths this season, which is similar to that of 2014-2015. People over the age of 65 are also the most likely to be hospitalized, similar to previous years.

Yet, ages 50 to 64 take the place of second-most hospitalizations, a place that infants usually hold.

The virus responsible for this year's illness, H3N2, has been in circulation since it emerged as the "Hong Kong flu" in 1968, and has always been accounted as one of the most lethal strands.

Godwin nurse Jennifer Sharpe said, "At Godwin, we have only had about three students that we thought were flu-like, but we don't know how that could change, even in the next week."

### U.S. gymnastics doctor charged on counts of sexual assault

Dr. Lawrence G. Nassar was sentenced to 40 to 175 years in prison by Judge Rosemarie Aquilina on Jan. 24, 2018. Nassar was the former doctor for the American gymnastics team as well as a faculty member of Michigan State University.

Over 150 women confronted Nassar at a seven-day hearing, including members of the U.S. Olympic gymnastics team McKayla Maroney and Jaime Dantzscher.

Many resignations followed the hearing for Nassar, including the Michigan State President Lou Anna K. Simon and many members of the U.S.A. Gymnastics board, with more members expected to resign.

## What's happening around Godwin?

Snapshots of activity around Godwin over the past week.



photo courtesy Ava MacBlane

l to r: Juniors Davis West, Ryan Estrada, and Adelaide O'Connor at "A New York Minute", the one act for which they raised \$685 for Estrada.



photo courtesy McKenna Gillard

l to r: Seniors Morgan Logsdon, Henry Brown, and Joe Mustachio at William and Mary preparing to launch a satellite attached to a balloon.



photo courtesy Thor Macht

Godwin students at the Boys Basketball game versus Freeman on Jan. 26 at Godwin. The Eagles won 50 to 44.

# OPINION

## Social media vs. the people: who wins?



**Kaitlin Dunn**  
Online Editor-in-Chief

In the 21st century, social media is constantly advancing and updating. It has gone from a place to post pictures to somewhere people can gain money and opportunities.

As social media becomes more widespread, the number of people who have access to it grows. It is difficult to find a person who is not connected to social media in some way, whether it be Twitter, Facebook, Youtube, or some other new social media.

During the third quarter of 2017, there were an average of 330 million monthly active Twitter users, more than the population of the United States. Instagram recently hit 600 million monthly users. Youtube has an even larger rate of active users, at approximately 1 billion per month.

I use social media for everything from meal ideas, to school work help, to other ways of filling my time.

It is now easier than ever to access social media as smartphones have become more available to everyone. With the constant updating and releasing of new phones and other technology, it is easier to get access to media, as the prices of the older models lowers.

However, with social media being such a big part of our lives, it is easy to get caught up in the idea that you are just interacting with a screen, as opposed to actual people.

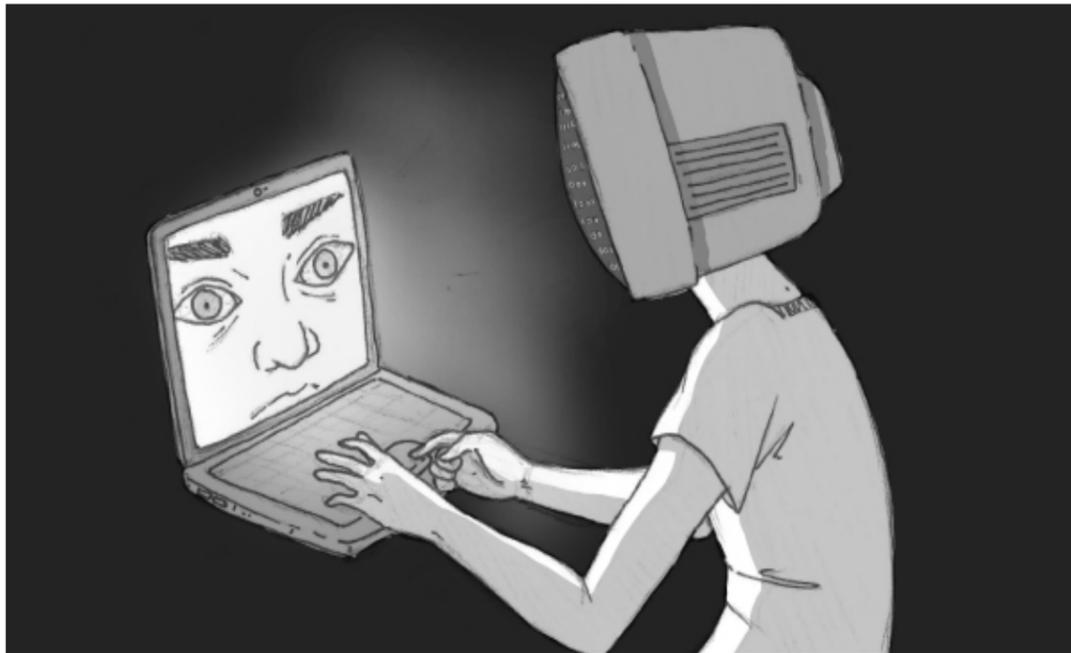


Illustration by Alysse Stephens

Professors Keith Wilcox and Andrew T. Stephen recently wrote a study titled "Are Close Friends the Enemy? Online Social Networks, Self-Esteem, and Self Control", in which they attempted the question of how social media affected human behavior and relationships.

In their article, Wilcox and Stephen claim that "from a motivational perspective, people use social networks to fulfill a variety of social needs, including affiliation, self-expression, and self-presentation," or that people use social media as a way to make them feel better about themselves.

As a result, people can start to use social media as a crutch to help validate themselves where they might not receive such validation in real life. This aspect of social media is not a negative one.

However, often times, on sites such as Facebook and Twitter, where people are connecting via the internet, people

will often share their opinions on relevant topic matters such as political and social issues that can easily lead into arguments.

When people get into arguments online, they quickly turn into heated exchanges of name calling and disrespect, and if someone really wanted to, they could easily find the others infor-

mation and post it for everyone to see.

When you do not have to see someone face-to-face, it is easy to dissociate from the idea that they are a person outside of the internet with a life and a family. People, therefore, feel they can do and say things with a clear conscience because they do not have to see the outcome of their actions.

Even if I do not necessarily agree with someone's opinions, words, and/or actions, unless they are harming someone, there is no legitimate reason to attempt to "doxx" (expose their information in a public setting) everyone who may potentially slip up.

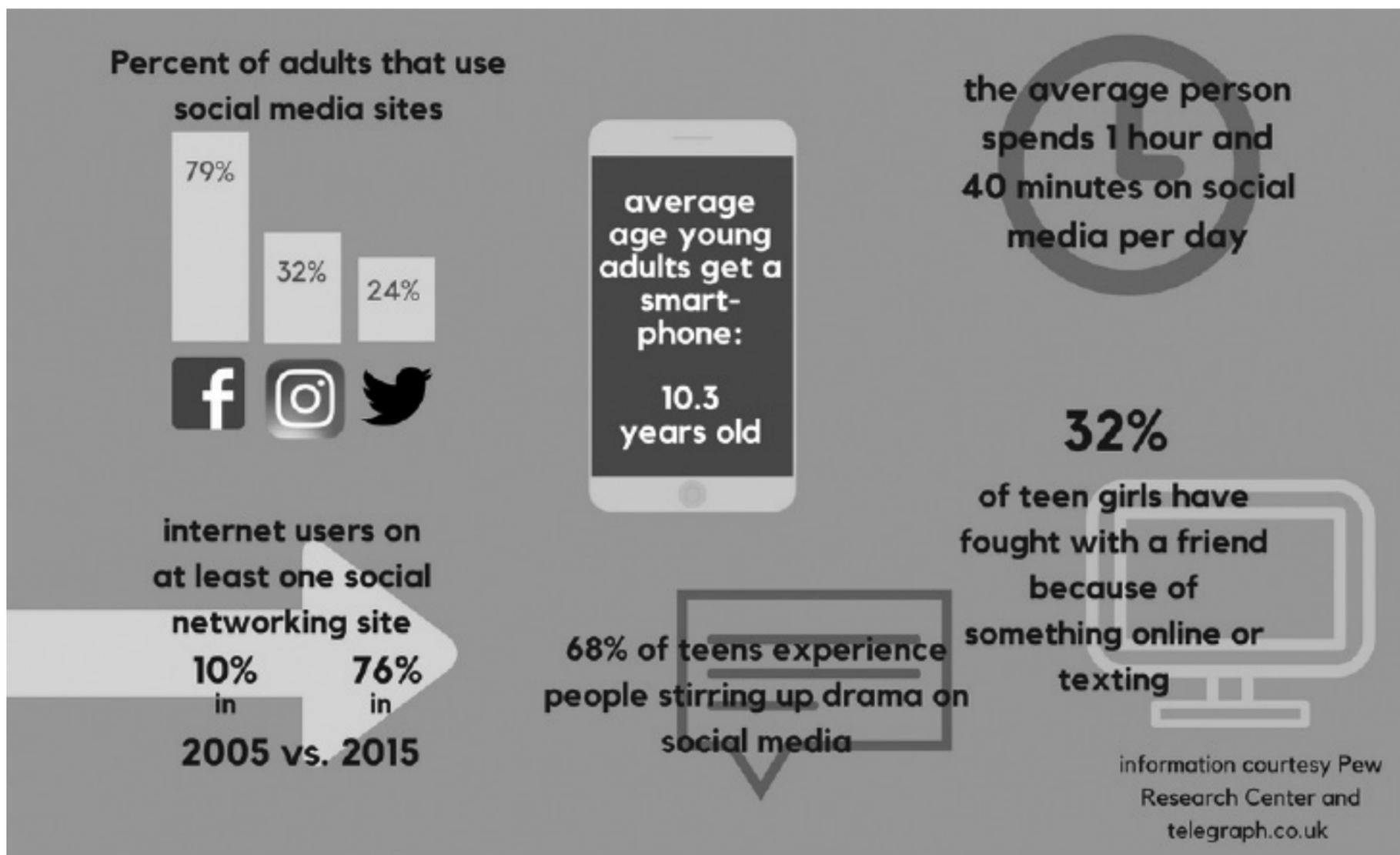
On Twitter especially, there is a growing culture of people finding the mistakes someone has made in their past and using it to shine a largely negative light on them, even if they may have grown since.

Social media has caused people to communicate with more ease, but less effectively. People are incapable of thinking behind the screens of their phones or laptops.

People will use the internet to show them harming someone else or doing things that make them seem cool, but they do not care. They do not think about who could see it or save the images for a later date.

I have relatives that my moth-

**It's easy to get caught up in the idea that we're just interacting with a screen, as opposed to actual people.**



# OPINION

## Save the internet, repeal net neutrality



**Sarah Burroughs**  
Online Editor-in-Chief

We live in what is arguably the greatest time of technological innovation and transition. Along with this comes great dispute over how to handle the constantly growing, changing, and evolving technology of this day and age. At the top of the current disputes is net neutrality.

Net neutrality is the principle that prohibits internet service providers (ISP) such as AT&T, Comcast, and Verizon from speeding up, slowing down, charging more for, or blocking any content they may select to such as websites, streaming services, and social media.

The regulations of net neutrality were put in place by the Obama Administration. The administration subjected the internet to Title II of the 1934 Communications Act (Title II), which classified the internet as a public utility.

The internet, as a public utility, is under the control of the Federal Communications Commission (FCC). The Republican majority FCC is now attempting to repeal the net neutrality regulations.

Supporters of net neutrality claim that if it were to be repealed, the internet service providers would partake in anti-competitive behavior by slowing down or blocking data in favor of certain sites.

However, the proof that this would occur without net neutrality is sparse.

The cell phone networks of today are not subject to the regulations of net neutrality, and we see no such behaviors between them. Why do we assume it will ensue between the ISPs?

Even if an ISP were to choose to block or slow down certain sites, a consumer would have the option to end their service with that ISP in favor of one who did not display such behaviors.

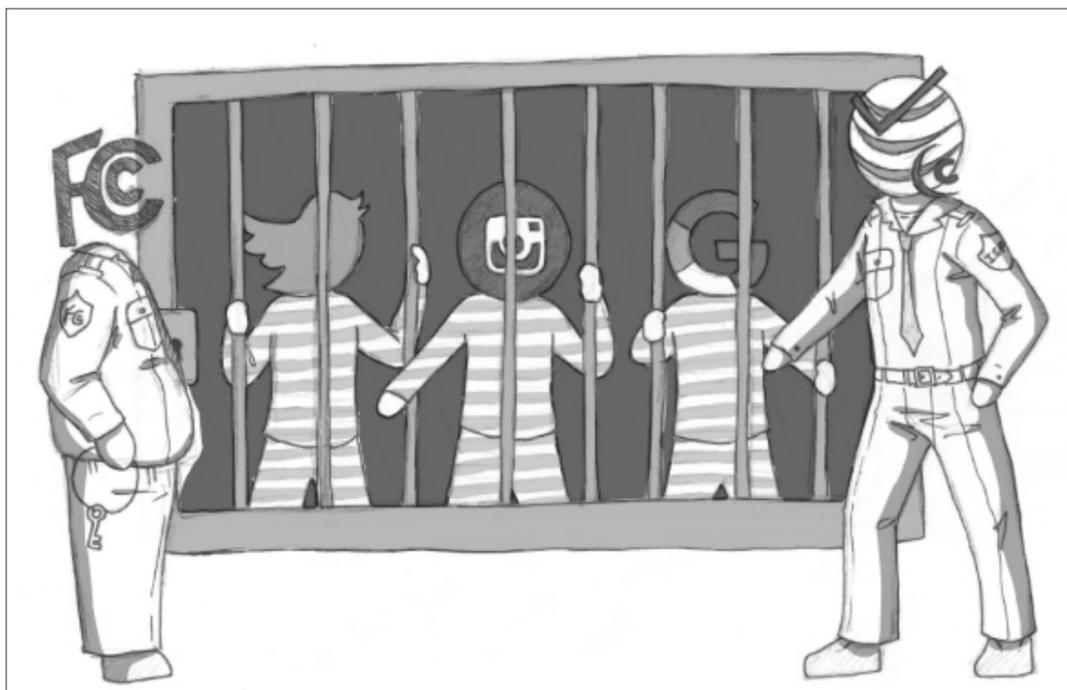


Illustration by Alysse Stephens

Furthermore, if an ISP were to discover they were losing consumers because of such behaviors, would they not stop in an attempt to save their profits?

There is no proof backing up the assumption that there will be an explosion of anticompetitive behavior with the repeal of net neutrality because no modern day companies are displaying such actions.

Those in favor of preserving net neutrality also claim that if it were to be repealed, innovation of companies and organizations would be hampered.

In reality, because of the FCC having control over the internet, ISPs are required to submit proposals for any type of new technology and business models. Because of the FCC's long, gruesome, and often indecisive or inconclusive process of bringing new things into the market, the innovation of companies comes to a stand still.

Brent Skorup in the National Review said "the FCC can decline the request for an opinion, can permit the innovation, or can require more information from the submitting party."

"These opaque determinations cannot be appealed and affirmative decisions can be reversed at the agency's whim."

As long as the internet is with the FCC, it is under Title II jurisdictions. This means the FCC has complete power over which companies and organizations are allowed to enter into the ISP market.

If net neutrality were to be repealed, destructive regulations and requirements would be lifted off the backs of the smaller companies. This would allow them to enter the marketplace more efficiently and give the existing companies more freedom to introduce new technology and innovations.

Both of these would expand consumer choice and help improve the internet that is used around the world every day.

However, the hampering of innovation is not the only downside to the FCC being allowed to micromanage the internet. Under the FCC's regulations, the internet is subject to an abundance of crippling taxes.

The FCC has the power to levy taxes against the companies under Title II. Between all of its unnecessary taxes and regulations, the FCC makes it extremely cumbersome for smaller, newer ISPs to make it in the marketplace.

FCC Commissioner Ajit Pai said "small ISPs reported that Title II is preventing them from rolling out new services and deepening their networks. These are the companies we want to provide a competitive alternative in the marketplace."

Ian Tuttle noted at the National Review on one 2014 study of net neutrality that the net neutrality regulations could result in as much as \$45.4 billion in new ISP investments being lost over the next five years. This is proving true as there have already

been loss in investments. In fact, capital expenditures among the dozen largest ISPs fell 5.6 percent from 2014 to 2016.

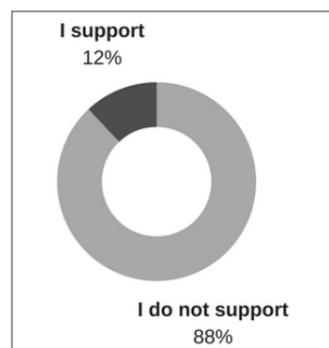
With the internet being under the control of the FCC, there is a decline in new ISPs entering the market. This is lowering healthy competition in the ISP market and limiting consumer choice.

Allowing the FCC's control over net neutrality to continue will only bring harm to consumers of the services and the market itself.

If net neutrality is kept under the control of the FCC, consumer choice will be limited, innovation hampered, and potential new companies and technologies could be lost.

If the repeal of net neutrality means its release from the iron grip of the FCC and the micro-management of the government, then it is necessary.

The FCC repealing net neutrality:



\*Based on a poll of 57 Godwin students

### “DO YOU SUPPORT THE FCC REPEALING NET NEUTRALITY?”



"No, I do not support repealing it. I think everyone should have equal access to websites, and repealing it could make more expensive to go on certain websites. It is internet companies trying to get money."

- Cassidy Macklin, 9



"I don't like that FCC repealed net neutrality. Repealing it gives ISPs free range to do whatever they want. Since a lot of people don't know about this, we need to get the word out about net neutrality."

- Zachary Weiss, 10



"I think it's idiotic for them to repeal net neutrality and trust that internet providers will not try to squeeze money out of the common man. Ajit Pai is the Andrew Jackson of the 21st century."

- Mason Densley, 11



"Net neutrality is good. Repealing net neutrality is repealing our freedoms. We should have free access to internet. They shouldn't be able to restrict our usage and make us pay."

- Matthew Hunderup, 12

## Eagles' Eyrie

The Student Voice

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The ideas expressed in op-eds are that of the individual writer alone and not of Godwin High School or the Eagles' Eyrie.

## FLAIR

# How to prepare for college

For many, applying for college is a stressful time. Here are some quotes from current seniors, past seniors, and counselors to help relieve some stress.

## Tips on how to narrow down potential college choices:

- "I recommend making an activity list and talking to your guidance counselor, favorite teacher, or parents about your interests and skills. Choose your college based off of these elements." -Keith Berman, Options for College President

- "Look into special programs such as study abroad, clubs and activities, and housing options. Use these to create a "list" of your top schools." -Stephanie Balmer, Dickinson College Dean of Admissions

- "College is a weird game. You either get in or you don't. When you're in the search for a college, you might get denied from your top choice but there's good news... THAT'S OK! The reason you got denied isn't because you're not smart enough, it isn't because your application was bad; it's because maybe that's where you're not destined to end up. For me, I got waitlisted from my top choice, and I was completely devastated. I thought it was the end of my world, but in reality I ended up at my second choice and I couldn't be any happier!" -Michael Whitty, freshman at Marymount Manhattan College (GHS 2017)

- "I would say the best way is to visit the physical college campus if possible. That's when you are able to get the feeling of whether or not this is where you want to attend. Even if you aren't sure of the college, if it's close, there is no harm in taking the time to walk around campus and see if you feel at home." -Nicole Ramkey, freshman at Christopher Newport University (GHS 2017)

## Tips on how to apply for financial aid:

- "All students seeking financial assistance for college tuition should start by completing the online FAFSA form. Additionally, we have a fantastic resource through the GRASP (Great Aspirations Scholarship Program) organization. Ronda Zukowsky, who works with GRASP, is here at Godwin every Wednesday and available by appointment to discuss financial aid opportunities with students. To schedule an appointment to meet with her, stop by the school counseling office and sign up on her clipboard." -Megan Walton, Godwin Counselor

- "If you want to be considered for college financial aid, you and your parents will need to fill out the FAFSA (Free Application for Federal Student Aid). Your FAFSA information will be sent to your colleges, who will use it when putting together a financial aid package for you." -Amy Gravely, Godwin Counselor

- "My advice in this process, just like you have admission safety schools, you should have a financial safety school. You should have a reach. So you should say, you know, I really want to go to this school. I know its published price is 60,000 dollars a year. I can't afford that, but I am going to apply to financial aid and maybe it will become affordable; maybe I will be able to go there." -Myra Smith, College Board Financial Aid Executive Director

- "To apply for most financial aid — including federal and state student grants, work-study, and loans — you'll need to complete the Free Application for Federal Student Aid (FAFSA). Although this financial aid form may seem complex, there are many free resources to help you." -College Board



## Tips on how to know when you've found the perfect college:

- "I would definitely say to do a lot of research beforehand online and map out what you want in a school in terms of values, size, and student body involvement opportunities. Physically walking around campus, talking to current students, and doing an overnight stay at the college if possible also helps a lot in making sure that you feel at home at your school. Overall, listen to your instincts and let it happen naturally!" -Grace Goodley, freshman at CNU (GHS 2017)

- "The perfect college to me is wherever you feel the sensation of home. For me, that was the first time I stepped foot onto Christopher Newport University's campus. Everything just felt right and I knew this is where I needed to be. For me, it wasn't about what division our sports teams were or how many Greek organizations there were, it was about where I felt most comfortable." -Logan Brocklehurst, freshman at Christopher Newport University (GHS 2017)

- "You will always know when you've found the perfect college if you feel at home or if you can see yourself living there for the next four years. When I toured Roanoke College, I felt like I could make an easy transition from high school life at Godwin into college life at Roanoke." -Delaney Weston, freshman at Roanoke College (GHS 2017)

## Tips on how to find scholarships:

- "I recommend that students visit the Godwin School Counseling website. There is a link titled 'Scholarships and Financial Aid' on the website that is a great resource. Many scholarships that are available to students are listed in a spreadsheet that is updated every two weeks. Additionally, the College Board website offers a resource called 'Scholarship Search' where students can enter personal information to be matched with potential scholarship opportunities." -Megan Walton, Godwin Counselor

- "'Scholarship' is a great word — it is money for college that you don't have to pay back (unlike 'loans'). If you are looking for college scholarships, start with the financial aid website of colleges you would like to attend and learn about their scholarships. Some colleges automatically consider you for scholarships when you apply for admission, while others have separate scholarship applications. You also want to check out the list of scholarships advertised at Godwin." -Amy Gravely, Godwin Counselor

- "College is an investment. When beginning the financial aid search, it is important to invest your time looking for scholarship opportunities. There is a great search engine on the Godwin counseling website for scholarships." -Karis Hunt, Godwin Counselor

- "Scholarships sometimes differ from school to school. If you narrow down your search to a couple colleges, you can go onto their website and research certain scholarships that you are interested in applying for." -Delaney Weston, freshman at Roanoke College

## Tips from current seniors on how to choose the right high school classes:

- "I chose a challenging junior and senior year schedule to show colleges that I am up for anything. I also took certain classes to explore my passions and interests to learn more about myself. Classes are important as well as extracurriculars and it's important to find a balance." -Briana Schwam, Godwin senior

- "It is good to research the admissions criteria for the schools that you like. Each school weighs the class rank, GPA, and course difficulty differently." -Julia Grossman, Godwin senior

- "To prepare for college, it definitely helps to take AP courses. More importantly, take classes that sound interesting and if you like them, take similar classes. It doesn't matter which specific courses you take as long as they challenge you and you enjoy them." -Joe Mustachio, Godwin senior

- "In order to prepare for college, it's important to have an idea of where you may want to go and look up which classes offer AP credits for that college, if you're looking at AP classes. It's also important not to choose AP classes if you're not interested in the topic, as it'll make the class so much harder. If you have no idea where you want to go or what you want to do after high school, it's still important to choose honors or AP classes that interest you and play to your strengths. Don't be afraid to take college prep classes if those subjects aren't your strong suit!" -Jessica Haravay, Godwin senior

# FLAIR

## Are you on track?

Know where you're applying? Check out the averages for these colleges:

College	Average Godwin Applicant GPA	Average College Accepted GPA	Average Godwin Applicant SAT	Average College Accepted SAT	Average Godwin Applicant ACT	Average College Accepted ACT	Percentage of national students accepted
College of William and Mary	4.09	4.19	1315	1340-1510	29	28-32	34%
George Mason University	3.60	3.66	1142	1120-1310	25	23-29	68%
University of Mary Washington	3.50	3.51	1167	1090-1290	22	22-27	82%
James Madison University	3.80	3.50	1226	1120-1290	26	23-27	72%
Virginia Tech	3.77	3.95	1211	1180-1380	25	25-27	73%
Randolph Macon College	3.56	3.57	1162	1080-1260	23	22-27	66%
Old Dominion University	3.20	3.26	1191	1000-1210	24	18-24	83%
Radford University	3.18	3.15	1076	970-1130	22	18-22	83%
Christopher Newport University	3.58	3.70	1144	1140-1320	24	23-27	60%
University of Virginia	4.03	4.22	1335	1330-1510	28	29-33	29%
Virginia Commonwealth University	3.68	3.58	1222	1070-1280	25	21-27	79%

\*These statistics are from the class of 2017.

### This month in past Eagles' Eyrie headlines



### Coming soon- Short Pump Town Center

\*from a front page article published Feb. 7, 2002

### Today in history

- 1848: The Treaty of Guadalupe Hidalgo is signed.
- 1887: The first official Groundhog Day took place.
- 1936: Babe Ruth was elected into the Baseball Hall of Fame.
- 1964: Hasbro launches the G.I. Joe action figure.
- 1990: F.W. de Klerk announced the unbanning of anti-apartheid group African National Congress and promises to release Nelson Mandela.
- 2014: Actor Phillip Seymour Hoffman died.

### Today's birthdays

- James Joyce  
Writer, born 1882
- Graham Nash  
Guitarist, born 1942
- Farrah Fawcett  
Actress, born 1947
- Shakira  
Singer, born 1977
- Gucci Mane  
Rapper, born 1980
- Gerard Piqué  
Footballer, born 1987
- Ingrid Nilsen  
Youtuber, born 1989

### Holidays around the world

- France: Le Jour des Crêpes
- Philippines: Constitution Day
- Azerbaijan: Day of Youth
- United States and Canada: Groundhog Day
- United States: National 'Wear Red' Day (awareness for heart disease)
- Thailand: Inventor's Day
- International: World Wetland's Day

African-American Trail Blazers



James Baldwin 1924-1987 Novelist and Playwright



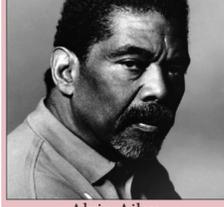
Thurgood Marshall 1908-1993 First African-American Supreme Court Justice



Sherley Chisholm 1924-2005 First black woman elected to Congress



Arthur Ashe 1943-1993 First African American to win singles at Wimbledon



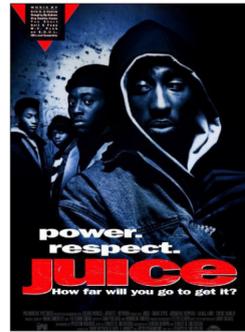
Alvin Ailey 1931-1989 Pioneer of Modern Dance



Mae C. Jemison 1956- First black woman in space

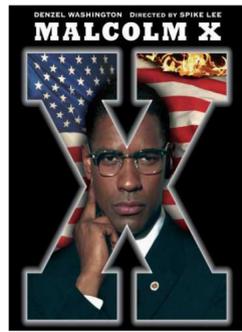
Illustration by Alysse Stephens

Films and shows to watch in honor of BHM



Juice

"Juice", a 1992 film starring Tupac Shakur, Omar Epps, Jermaine Hopkins, and Khalil Kain, starts off as any coming of age story would; four friends trying to earn respect in their hard-knock neighborhood. As they navigate the world, the yearning for the respect and power over the neighborhood grows in each one of them in different ways until they decide to commit a crime that changes the course of their lives forever. Now, dealing with this dramatic change, the friends must come to terms with the harsh reality that faces them. "Juice" is a timeless movie that forces the watcher to look into the mirror and wonder what they would do if they were placed in the same predicaments as the four boys in the film. It causes the watcher to become uncomfortable and disturbed by the actions of the boys in the film, while masterfully humanizing each of their mistakes at the same time. Ultimately, the film poses one question to the watcher: what would you do for power and respect?



Malcolm X

Directed by Spike Lee, the film "Malcolm X" depicts the legendary Muslim minister and African-American activist beautifully and effectively. Denzel Washington performs as X with excellency and eloquence that gives X justice. This film brings X's autobiography to life only in a way that Spike Lee could. Just as the book does, it humanizes X in a way that shatters the thought that X was a violent rabble-rouser and a direct instigator of violence. This is the perfect movie to kick-off Black History Month with a bang.



She's Gotta Have It

A modernized TV version of the 1986 Spike Lee film, "She's Gotta Have It" takes a new and refreshing spin on the original film that does not disappoint old and new watchers. The show is set in Brooklyn and follows struggling artist Nola Darling as she juggles work, the stress and ills of everyday life, and three boyfriends. Don't worry though! All three of them know about each other, so technically it isn't cheating. The show has Spike Lee written all over it, filled with bright colors, a dramatic scene involving the police and the whole neighborhood, a glorious soundtrack, and Spike Lee himself. If you're looking for something fast-paced, modern, and diverse, this is the show for you.

Suggestions from Opinion Editor Asha Hayes. For more recommendations visit godwineagles.org

Former Black Panther shares past experiences

Asha Hayes Opinion Editor



photo Asha Hayes Carter

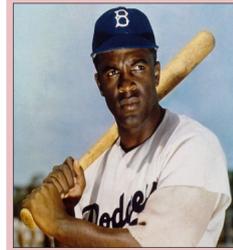
When I lived in the Bay Area, I heard a lot about the Black Panthers, which was started by Dr. Huey P. Newton and Bobby Seale in West Oakland on October 15, 1966. The Panthers provided frequent patrol of neighborhoods to protect the residents of the neighborhood. Also, they provided breakfast and after school programs, youth institutes, and numerous other activities that helped their communities. I always loved to hear the stories about the infamous group of proud, strong black men and women that used to guard the very same streets my mom and I drove down everyday. I sometimes imagined that they were still there, guarding us from whatever bad things were around the corner. Therefore, when my uncle Tubaya Carter informed me that

when he was a teenager in 1968 and 1969, he worked with the Black Panthers. I jumped at the chance to interview him. I wanted to understand what the Black Panther group was like, what it meant to my uncle, and why he joined. What made you want to work with the Panthers? Carter: I decided to work with the Panthers when my frustration with the corruption of the San Francisco police in my neighborhood reached a breaking point. I saw them shoot a 13-year old boy in the leg. He had already been handcuffed. That's when I knew I had to do something. My neighbors, who were already Panthers, began talking with me about the movement. Intrigued, I began to sit in on some of their meetings. I had always wanted to service this community in the best way possible, and in my eyes this was the perfect way to do it. The Panthers were doing something that no one else was willing to do, and I realized that it was something I truly wanted to be a part of. What did you do when you

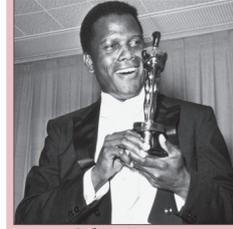
worked with the Panthers? Carter: My job was to take care of African-American children while their mothers were at work supporting their families. Every day after school, along with other teenagers who felt called to serve their community as well, I'd go to the Fillmore Chapter in San Francisco where the daycare center was set up. When I wasn't working with the children at the Fillmore chapter, I was probably passing out leaflets containing information about social meetings being held by the Panthers, special guests speaking at the chapters, and what books to read about educating oneself about their Blackness. I was also assigned readings to further educate myself about who I was, and who I could eventually be. The Panthers were all about educating Black People. They set me on a course that I knew I'd never stray from. While you were working with the Panthers, was your life ever in danger? Carter: Actually, yes. Although we only worked with children, the chapter was still subjected to frequent raids by

the San Francisco Police. They only ever found baby food and diapers. They kept coming though. Looking for guns and whatever else they could find to incriminate us. But they only found diapers. Every time. What did your family think about you working with the Panthers? Carter: Oh, my folks didn't even know. If they had, they would've busted me upside the head. The thing about the Panthers is that it was very much a youth movement. There weren't many, if any, old cats involved. We were just more radical; you know? We'd had enough, and we decided we'd take our neighborhood's safety into our own hands. How did working with the Panthers make you feel as a person? Carter: While working with the Panthers, I felt empowered and immensely proud of my blackness. I truly began to see how beautiful black people really are. The Black Panther taught me who I was as opposed to what America taught me who I was. The Panthers told me I was a man. They taught me my life has value. What would you tell today's black youth based on your experience with the Black Panthers? Carter: Never back down. You are valuable. Stay focused on the truth and to never compromise your dignity or self-worth for anyone. Don't ever be afraid of who you are. Oh! And educate yourself! Keep learning the truth- your truth. Find out about your family and what they did in the times before you. Find out what they did to pave a way to get you where you are today and thank them. Always remember YOU are valuable. I know that I said that already but I think that's important. The Panthers taught me a lot, and one of the most valuable things they taught me was that despite what I had been told, I had value.

African-American Trail Blazers



Jackie Robinson 1919-1972 First African-American player in the MLB



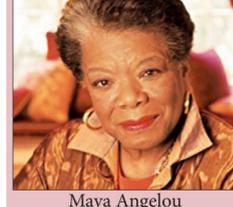
Sidney Poitier 1927- First African American to win an Academy Award



Maurice Ashley 1966- First African-American international grandmaster in chess



Fats Domino 1928-2017 Pioneer of Rock n' Roll



Maya Angelou 1928-2014 Prolific Poet



DJ Kool Herc 1955- Pioneer of Hip-Hop

compiled by Mason Densley and Asha Hayes

BLACK HISTORY MONTH



History behind the month of history

In 1912, Carter G. Woodson, a University of Chicago graduate, created the Association for the Study of Negro Life and History (ASNLH). Then, he published the "Journal of Negro History" in 1920. Some of his fraternity brothers, inspired by the journal, took up the responsibility for educating others on black history by creating Negro Achievement week in 1924. Woodson appreciated their effort but wanted a greater impact. This inspired him to send out a press release in 1926

announcing the first Negro History Week in February. Woodson asked that this week not be a celebration but a time to educate on the Negro race. He chose February because it coincided with the birthdays of Frederick Douglass, a 19th-century abolitionist, and 16th president Abraham Lincoln. Many blacks at this time already celebrated Frederick Douglass' birthday, so he was only asking for people to extend their celebration rather than create a new tradition. Planning in this way increased his chances of success.

Woodson was overwhelmed with the support. This support was met with demand for teaching material in schools. Some high schools even formed Negro History Clubs. Later in 1969, the leaders of the Black United Students at Kent State University proposed the development of Black History Week into a whole month. A year later, many other schools followed Kent State, creating clubs and having lectures, similar to how Black History Month is celebrated today. Finally, in 1976, President

Gerald R. Ford officially recognized Black History Month. He said the country needed to seize the opportunity to honor the accomplishments of African Americans in every era throughout our history. Today, Black History Month is taught in classrooms across the nation. There are multiple events and places around the Richmond area that highlight African-American history through the celebration of art, music, and literature.

Events around Richmond

National African American Read-In Remembering 1968: A Tribute to MLK

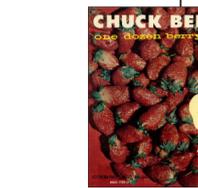
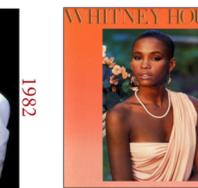
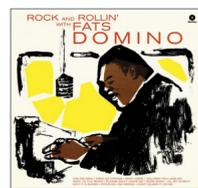
On Feb. 22, the 28th annual National African American Read-In will occur at the Virginia Museum of Fine Arts (VMFA). At the event, community leaders will read selections of works from prominent African-American and African authors, particularly works that relate to art within VMFA's permanent collection.

On Feb. 3 and 4, the Carpenter Theatre will host "Remembering 1968: A Tribute to MLK". The program is described as a "concert celebrating unity and peace."

With music performed by the Richmond Symphony. Tickets are free for anyone under 18.

To learn about the history of African Americans, you can visit the Black History Museum and Cultural Center of Virginia in downtown Richmond. The museum is open Tues.-Sat. from 10 a.m.-5 p.m.

Progression of Modern African-American Music



1955 1967 1970 1982 1985 1994 2001 2015

Rock & Roll Funk Pop-Soul Rap Hip-Hop

1958 1968 1975 1984 1988 1996 2007

# Winter sports check-ins

## A look at how the Godwin winter sports teams are performing

### Swimming

As of Jan. 29, the girls record is 14-2 and the boys record is 8-4 with one tie.

Girls and Boys Swim coach Matt Bailey said, "I think we will do really well at Regionals. We have a chance to seed first. Overall, the girls team looks fantastic. I predict multiple first place finishes."

Bailey said that for boys, his standouts are junior Ryan Bailey and sophomores Jacob Oberle, DC Hellams and Isaac Hull.

Girls standouts include se-



photo courtesy Mano Harada

Freshman Eliza Oberle in her 500 free against Atlee.

niors Carson Berrier and Kaylee Butterworth and junior Maddie Unowitz.

"Hull, particularly, stepped up his game this year," said Bailey. Bailey wants his team to work towards becoming "a cohesive and long-lasting high school sport that is an interval part of the winter season."

Senior and captain Carson Berrier said, "think because this is the second season as a varsity, the team has become a lot closer and everyone has worked really hard this season."

### Boys Basketball

As of Jan. 28, the boys record is 11-5.

Varsity Boys Basketball coach Hunter Thomas said, "We need to take care of the ball and share the basketball in order to get better. Our defense is getting better every game."

Thomas said that seniors Bradley Thomasson, Scott McDonough, and Cory O'Shea are some of his key and top performing players.

"Thomasson is a player of mine who has stepped up for the team this year," said Thomas.

The team has lost to Hermitage, Osborne, Hayfield, John Marshall, and Varina High School.

Senior Scott McDonough said, "The team is looking stronger and stronger each day. If we keep building on our teamwork and go hard everyday, we will end up having a great end of



photo courtesy Thor Macht

McDonough carrying out a play against Deep Run HS.

the year."

According to Thomas, the team is willing to put in the work and time needed to finish the season as strong as possible and come out of this year with a successful season.

"Our goal is to make the Regional Tournament. Our goal was originally to be number eight [in the region] but this week we moved to number four," said Thomas.

### Girls Basketball

As of Jan. 28, the girls record is 11-9.

Varsity Girls Basketball coach Jim Bettis said, "We still have some tough games to play, so at this point it is impossible to tell how we will finish. This year's squad has played really well as a team. Different players have performed well for us on any given night. No one has been a big surprise. The girls all seem to get along, and enjoy playing with each other. No matter who is in the line up, their teammates support them."

Losses include to Mercy Hurst Prep, Glen Allen, and Deep Run.

Senior Libbie Smith said, "We are performing really well on the court and we are great friends off the court. Overall, the season is going pretty well. We still have some tough games, but we should be able to finish



photo courtesy Thor Macht

Sophomore Thea Clarke dribbles the ball down the court.

strong."

The team believes they have a good shot at Regionals, and after making it there, they hope to win and go all the way to the championship.

### Indoor Track

"The team has had a great season so far. Although snow/cold weather has prevented us from competing as much as we would like, the team has capitalized on their few opportunities," said Coach Katie Wood.

"We have turned in some very strong performances this season, and we look forward to continuing that as we get closer to the regional meet," said Wood.

Senior Traneil Moody, and juniors Braeden Wilson, Aidan Fleming, Azziah Russell, Chris Ondoua, Zach Behl, Paul Dearing are the boys top performers.

Seniors Molly Wheeler and Nia Vaughan, junior Britton Wilson, sophomore Renecca Brendle, and freshman Ellie Jeffrey are the girls top performers.

"Wilson has shown huge improvements in the jumps, hurdles, and sprint events. He has stepped up and become a key factor on the team, as well as a competitive force in the region," said Wood.

"Jeffrey has had an incredible season as only a freshman. She has become one of the top

### Gymnastics

As of Jan. 17, the Gymnastics team is 1-2.

Head coach Tracy Layne said, "Our season started off strong at the beginning of December, but we did lose some momentum due to sickness and injuries. The girls pulled together and cheered each other on and continued to do so in spite of limited practices due to the weather. We look forward to our last meet against Lee-Davis and Hanover."

"Everyone has contributed to the team this season led by [senior] Logan Gutzmer, [junior] Lady Corral and [senior] Erika Reiter. Lady and Erika are our captains. We always have strong performances by [junior] Sheridan Little and freshmen Caroline Kane and Caroline



photo courtesy Sandy Spicknall

Reiter on the vault. Hubbard. But everyone has pitched in this season and it has been a real team effort," said Layne.

Layne is looking forward to finishing the season off strong in their regional meet against Deep Run on Feb. 3.

### Wrestling

The Godwin Wrestling team is performing well so far this year. The team is 9-2, as of Jan. 25, in dual meets and placed second in the Tiger Classic this year.

Coach of the wrestling team Bob Harris said, "We need to stay healthy to have a chance of doing well at Regionals where top four placers in each weight class qualify for states."

Harris said that one of his wrestlers that has really stepped up this year has been junior Garrett Chandler. Chandler is 29-2 so far this year and has won two tournaments.

Harris said, "Seniors Jack Drimer and Zeke Elswick are having a great year, along with junior Charlie Stanton, sophomore Max McRoberts, and freshman Brady Elswick."

"The season has gone pretty well, we had a few wrestlers

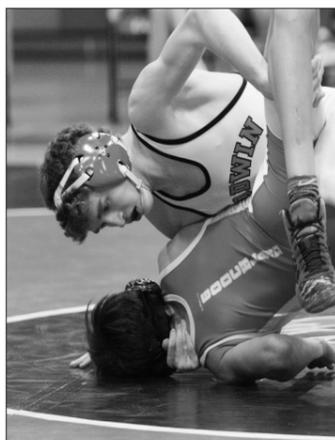


photo courtesy Sandy Spicknall

Junior Nathan Brubaker pins his opponent.

injured, but we have fought through adversity to maintain a good record. It is crucial that we perform well at our next tournaments," said sophomore Keegan Long.

The Regional Wrestling Tournament takes place at Lee-Davis High School on Feb. 9 and 10.



photo Charlotte Zerbst

Indoor track stretching and warming up for practice.

ranking distance runners in the region," said Wood.

"We haven't gotten many meets in, which is pretty disappointing, but overall it has been a good season. We got a new head coach this year. We have run all of our college showcases, but we still have a couple polar bear meets left," said Cameron

Love, a sophomore on the team. Polar Bear meets are Indoor Track meets held outdoors.

The team has had many postponed or canceled meets due to snow and other weather conditions, but the team hopes to finish their season off strong, and perform well at future meets.

# Godwin athlete nominated for Lexus Award

**Dalia Jimenez**  
Features Editor

As a principle, students at Godwin are constantly striving for excellence and ways to improve themselves in the many aspects of their lives. Recently, one student's dedication to academics, as well as athletics has earned him the nomination for a prestigious award.

Senior Cory O'Shea was recently selected as a nominee for the Lexus Leadership Award. The recipient of this award will receive a \$10,000 scholarship from the car company.

O'Shea found out about the award from a teacher who encouraged him to submit an application, and soon after, he was notified that he had been selected as one of the weekly nominees.

Each week, one high school student-athlete is selected to represent their high school as a student of excellence with the competition lasting 30 weeks.

Nominees for the award are selected based on academic and athletic accomplishment as well as a love for their community and willingness to serve others. At the end of the 30 weeks, the 30 nominees attend a banquet in their honor where the recipient of the award will be announced.

O'Shea, the week nine nominee, was chosen due to his love for athletics, excellence in academics, and passion for the community.

"I've been playing basketball and baseball since I was six years old. I've played volleyball since freshman year, and by the end of my senior year, I will have nine varsity letters," said O'Shea.

Sports have always been an important part of O'Shea's life, and he was able to use his passion for athletics to reach out to



photo courtesy Cory O'Shea

Lexus of Richmond owner George Whitlow with O'Shea.

the youth in the Richmond area.

O'Shea has been volunteering at the Police Athletic League for five years. The league includes children from the Richmond City area who haven't had the opportunity to learn how to play various sports. The program gives them the opportunity to find a love for athletics.

"Richmond City kids come to Tuckahoe, and we provide the equipment and instruction they need for the particular sport we are doing that day. I've also gotten to teach them how to play baseball, and it is always a great experience," said O'Shea.

Along with volunteering at the Police Athletic League, O'Shea has volunteered at the Godwin Baseball and Basketball Camp over the summers as well as tutoring with Government teacher and Academic Advisor Julie Richardson.

O'Shea enjoys his work as a mentor for younger children through his coaching, as well as helping his fellow students thrive in their schoolwork.

Learning has always been a priority in O'Shea's life. According to O'Shea, being in the Center for Medical Sciences at Godwin requires focus, dedication, and a strong work ethic in order to succeed.

O'Shea credits his dedication

and work ethic to the Richmond Montessori School, a school he attended in his youth. This private school is known for its methods in independent learning and self-motivation that encourages children to find creative solutions and work in ways that will help them in the future.

"Going to Richmond Montessori School really helped me find my work ethic and motivation to succeed in life. My parents have never forced me to do anything I didn't want to do and have always encouraged me to do my best because that is how they were raised. Their parenting, combined with my experience at that school is how I learned to really want to learn and find things out for myself," said O'Shea.

Another individual who inspired O'Shea was former teacher Todd Phillips, who passed away in an automobile accident in 2016. According to O'Shea, not only was Phillips an inspiring coach and teacher, but the advice he gave to O'Shea was key in helping him start off on the right foot.

"When I was a freshman, I had T-Philly and he was a big inspiration to me. He understood what it was like being a center kid and how stressful it could be trying to play all these sports, as

well as keeping up my grades and volunteering. He told me that all that matters is if you are putting forth your best effort," said O'Shea.

So far in his senior year, O'Shea has been named top of his class and is the projected Valedictorian for the graduating class of 2018. He is also a member of Math Modeling and the Beta club.

Recently, O'Shea was accepted into The Massachusetts Institute of Technology, commonly known as MIT. He plans to attend in the fall and although he doesn't know what he will choose career wise, he wants to pursue a career in applied mathematics and computer science.

While interning at VCU over the summer, O'Shea's desire to pursue math and science grew as he worked in the Department of Applied Mathematics and Field of Graph Theory.

"Yes, I am proud of myself, but there are more important things in life than being Valedictorian. I hope I can achieve more in my future jobs and life in general," said O'Shea.



photo courtesy Thor Macht  
O'Shea during a game.

## Basketball schedule

### Boys Varsity:

Feb. 2, 7:30 p.m.: Glen Allen at Godwin

\*Senior Night

Feb. 6, 7:30 p.m.: Hermitage at Godwin

Feb. 8, 7:30 p.m.: Meadowbrook at Godwin

Feb. 9, 7:30 p.m.: Godwin at Freeman

\*Rescheduled from Jan. 5

Feb. 13, 6:00 p.m.: Maggie L. Walker Governor's school at Godwin

### Girls Varsity:

Feb. 2, 6:00 p.m.: Glen Allen at Godwin

\*Senior Night

Feb. 6, 6:00 p.m.: Hermitage at Godwin

Feb. 8, 6:00 p.m.: Godwin at Meadowbrook

Feb. 9, 6:00 p.m.: Godwin at Freeman

\*Rescheduled from Jan. 5

## The first round of the regional tournament commences on Feb. 16 for both Varsity Boys and Girls Basketball.

The Godwin Athletic Hall of Fame Induction Ceremony will be held on Feb. 3.

Visit [Godwineagles.org](http://Godwineagles.org) to view photos from the event.

# White to be honored for many seasons of dedication

**Tyler Anderson**  
News Editor

A new group of Godwin athletes and coaches will be inducted into the Godwin Athletic Hall of Fame, a tradition started in 2012 to recognize the



White

best athletes and coaches who have represented Godwin.

One inductee included in the 2018 Hall of Fame class is geometry teacher Rob White, whose athletic resume consists of having coached Varsity Girls soccer, Varsity Girls basketball, and Boys Basketball at Godwin.

White coached Girls Soccer from 1991-2008, Girls Basketball from 1992-2002, and Boys Basketball from 1990-1992. He won three district titles as Girls Basketball coach, and 14 district titles as Girls Soccer Coach. As the Girls soccer coach, White also won four Regional titles.

According to White, the highlight of his coaching years was having the opportunity to experience and watch as his players grew and developed into



photo courtesy Rob White

Coach White (l) giving instructions to the Varsity Girls Basketball team in 2001.

admirable young men and women even after leaving Godwin.

He is especially pleased to see his former players working as both teachers and coaches at Godwin now.

White enjoyed seeing his former players Coach and Physical Education teacher Ali Toole and Coach Miranda Watson come back and work at Godwin.

Often a person has a different approach as a coach versus as a teacher. However, White feels that he applies the same approach to both the classroom and on the field.

White's main goal for both his athletes and his students is for them to "support each other and represent Godwin with honor."

White has completed a total of 30 seasons at Godwin and is now being recognized for those accomplishments.

"[It is a] wonderful honor, but it's more of a reflection on the talented athletes I coached than on me," said White.

Former football coach Ron Axselle, who was inducted into the Godwin Athletic Hall of Fame with the class of 2012, was the athletic director at Godwin in

the 1991. Axselle had a strong influence on White's decision to begin coaching at Godwin, and White appreciated that Axselle put as much focus on the girls' sports as he did the boys' sport teams.

"Coach Ron Axselle was a persuasive athletic director when I interviewed. He made the school seem like a big family, and he was right," said White.

White's coaching career began long before he started coaching at Godwin. White coached at a private, all-boys school called Blue Ridge School

outside of Charlottesville. He coached soccer, basketball, and track at Blue Ridge School from 1986 to 1988.

One of White's fondest memories from all his years of coaching was when his teams defeated Freeman high school. White believes that this is a favorite memory appreciated among all athletes, coaches, staff, and especially students at Godwin.

White is thankful for many people who have helped him get to where he is and for helping him have such a great time coaching at Godwin.

"[I would like to give] a big thanks from me to [former Godwin principal] Dr. DeBolt, and Coach Axselle for giving me the chance in 1990 [to coach], and to all my wonderful assistant coaches and J.V. coaches, and most of all my wife for always supporting me," said White.

The other inductees for this year are Michelle Foley, Lindsey Rowe, Kempler Towler, Jamie Tyson, Joe Tyson, Brent Wilkins, Matt Wolak, Ray Broughton, and Turner Broughton.

# SPORTS

## Through the lens: winter sports



photo courtesy Thor Macht



photo courtesy Thor Macht



photo courtesy Thor Macht



photo courtesy Sandy Spicknall



photo courtesy Sandy Spicknall



photo Charlotte Zerbst



photo courtesy Thor Macht



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photo courtesy Devon Furash



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# Godwin names senior Nick Aaron 2018 Mr. MG

**Carter Straub**  
Staff Writer

The 14th annual Mr. Mills E. Godwin Pageant took place on Saturday, Jan. 20. Money from ticket sales was donated to the Make-A-Wish Foundation, an organization that helps grant wishes to children with life-threatening diseases. The pageant raised approximately \$3,000.

Participating in the pageant for the first time, senior Nick Aaron was crowned Mr. MG, representing the football team.

Other participants included seniors Devin Barbee, Henry Brown, Ben Coates, Jeremy Curtis, Sid Nimmalagadda, and Jack Sommers, juniors Michael Buncher, James Dozier, Patrick Lyons, Lachlan McLennan, Andrew Seccia, and Davis West, and freshman Ethan Vest.

The pageant consisted of an opening dance, a Character Round, a Talent Round, and a Question Round.

Beginning after the Character Round, four participants are eliminated until the final five are selected. The judges this year consisted of retired Godwin Spanish teacher Sharron Northrop, longtime custodian and "Real Mr. MG" Thomas Threath, and the Make-A-Wish representative Abby Quinn.

Physical Education teacher Mark Brandenburger and SCA officers Luke Fowler, Devon Furash, and Erika Reiter hosted the pageant.

## Character Round

For the first round, the boys chose different characters to represent and were judged on both their execution and creativity.

Aaron started the round with a reenactment of the "Ew" segment from "The Tonight Show with Jimmy Fallon" along with science teacher Bishop Boshier.

Barbee followed with a parody based upon a "Saturday Night Live" skit regarding the font Papyrus used in the movie "Avatar".

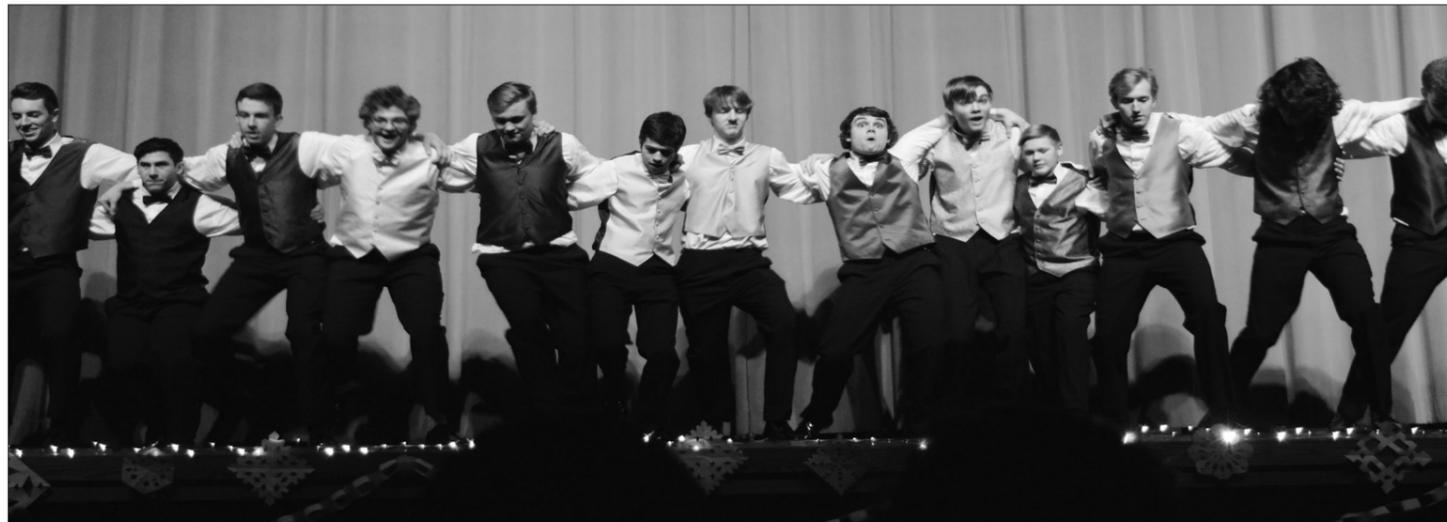
Next, Brown danced the night away as Napoleon Dynamite to "Canned Heat" by Jamiroquai.

After, Buncher read mean tweets portraying Jimmy Fallon on the "Tonight Show" and included in his act #momtexts; tweets aimed at making fun of moms trying to text their children.

Next came Coates, who reenacted the infamous commercial for Flex Tape. Coates pitched the tape by demonstrating that it can fix anything from plastic cups to relationships.

Following Coates, Curtis took on the character of Godwin math teacher Daniel Wallace. Slouched back in his chair, Curtis speedily presented notes to the class.

Dozier took on the role of Karate Kid, starring in a short film. After a bully named Kyle made fun of him for exploring his passion for birds, Dozier took on a rigorous training routine to face Kyle. At the end of the film, Dozier, or Karate Kid, defeated his enemy with a mix of martial arts. Following the video, Dozier returned to the stage to teach



l to r: Lyons, Buncher, Coates, McLennan, Aaron, Seccia, Dozier, Barbee, West, Vest, Curtis, Sommers, and Brown. photo Kathryn Chamberlin



photo courtesy Thor Macht

Nimmalagadda honors the late T.V. painter Bob Ross.



photo courtesy Thor Macht

Coates brings infamous Flex Tape infomercial to the stage.

fellow junior Collin Gray some karate moves.

Lyons followed with a dance called "The Scarn" from the television show "The Office", with Lyons taking on the role of Michael Scott.

McLennan played the role of the adventure seeker, Steve Irwin. From describing the characteristics of sloths to tackling an alligator, McLennan took nature by storm.

Nimmalagadda, or Bob Ross, taught the crowd how to paint a nature scene consisting of sky, water, and trees.

Seccia and West collaborated in the Character Round, presenting a short film about laser cats to movie producers senior Erika Reiter and History teacher Rebecca Martino. When the movie producers shot down their film, Seccia and West stormed off stage saying that the movie producers simply did not understand their talent.

Sommers followed, playing the part of a classic dad. While laid back in a recliner, the classic dad was asked questions by his kid (Nimmalagadda), answering with stereotypical dad sayings.

Finishing off the round, Ethan Vest took on the role of Caillou, a character from a well-known children's show. Looking identical to the character, wearing a red baseball hat, a yellow shirt, and blue shorts, Vest performed

the show's theme song.

After the character portion of the pageant concluded, the judges revealed who was moving onto the talent portion. The judges put through Aaron, Brown, Buncher, Coates, Dozier, McLennan, Seccia, and West.

## Talent Round

Remaining contestants were required to showcase their best talents in order to move on to the Question Round.

Aaron started the round by playing piano. Starting with simpler classics, Aaron transitioned into playing popular songs such as "Hotline Bling" by Drake and "Redbone" by Childish Gambino.

Following Aaron, Brown sang an original remix of the song "Hey Soul Sister" by Train regarding recent snow days. Brown pretended to play the ukulele along to the song, pleading with Communications and Public Relations Director Andy Jenks for more days off.

Next, Buncher performed a self-choreographed dance to the song "Can't Sleep Love" by Pentatonix along with junior Claire Ellsworth.

Coates followed, bringing the Godwin Pep Band on stage to display his instrumental talents. Not only is Coates a member of the pep band, but he was representing them at the pageant.

Dozier threw on his clout goggles and played the well-known



photo courtesy Thor Macht

McLennan parodies mind reading in the Talent Round.



photo courtesy Thor Macht

Buncher hits the splits during his dance performance.

song "Hot Cross Buns" on the recorder.

McLennan showed off his skills as a mind reader. He started the act, asking a random lady by the name of "Mrs. McLennan" to choose three colors to color on a paper. When she was finished coloring, McLennan asked her to open a box that revealed a paper with the exact colors she had chosen.

Next, McLennan invited fellow juniors Liam Deegan and Ethan Joynt to the stage for his next demonstration. Deegan was asked to compare Superman to a teacher at Godwin.

After answering that Physical Education teacher Gary Steele was Godwin's "Superman", McLennan asked Deegan to open a box on the ground. When the box was empty the audience's faces were full of confusion until McLennan took off one of his shirts to reveal a white T-shirt labeled "Steele".

Ethan Joynt was then asked what his favorite animal from McLennan's Character Round was, and after answering with the sloth, a box was opened and a stuffed animal sloth was found inside.

Next, Seccia sang the Mii Chanel song with West and sophomore Michael Mustachio.

West concluded the round with a magic routine. West performed multiple magic tricks,

including making liquid appear in an empty can.

Following the Talent Round, the top five finalists were announced. The finalists were Aaron, Brown, Buncher, Coates, and West.

## Question Round

The Question Round was next, ranging from "What is your biggest fear" to "Why do you want to be Mr. MG?"

After all of the finalists answered their question, the judges collaborated to decide the winner, while the audience watched a video on the making of Mr. MG.

After the judges had made their decision, the finalists and all other contestants gathered on the stage. The five finalists stepped forward as the winners were announced.

The results were as follows: Henry Brown as fourth runner-up, Ben Coates as third runner-up, Davis West as second runner-up, Michael Buncher as first runner-up, and finally, the winner of Mr. MG, Nick Aaron.

"Winning was awesome. I was honestly very surprised to have made it to the final five and every time they announced the next runner-up, I thought it was going to be me. Eventually, when I realized I was the last one left, I was shocked," said Aaron.



photo courtesy Paige Spesiak



photo courtesy Paige Spesiak

Spesiak climbs the Spanish Steps with her host family in Rome Italy.

Spesiak (r) visits the Ice Club, a bar made completely of ice in Rome, Italy.

# Exploring education in Europe

## Godwin junior finds new culture and educational differences for a semester in Spain

**Ceara Nolan**  
Staff Writer

The first semester of the school year is always a grind for students. Whether it's meeting new teachers, waking up at 8:00 a.m. instead of the much more appropriate 11:00 a.m., or getting abruptly thrown out of the tranquil dog days of summer and into the dangerous jungle of stress and teen angst students call high school, the month of September is a rude awakening to all.

The exception, however, is Godwin junior Paige Spesiak.

Instead of enduring the first few months of school at Godwin, Spesiak decided to pursue her education outside of Virginia, and the United States, for that matter.

This year, from August 20 to December 23, Spesiak studied abroad in Barcelona, a major city

in the Catalonia region of Spain.

"I have always wanted to travel the world so I could experience life in an entirely different way. Then when I had the opportunity to not only travel to a new country, but also study their culture, I was even more ecstatic and inspired to leave than I could ever imagine," said Spesiak.

While there, Spesiak had to adjust to the vast cultural differences that exist between the United States and Spain.

"There was a time every day between 2 p.m. and 5 p.m. where many stores and services closed for a period of rest called siesta," said Spesiak.

Siesta is a common tradition throughout Spain and other countries including Italy and the Philippines that occurs after a mid-day meal.

The differences in education were evident to Spesiak as well.

"In [American] schools, learning is based off getting high scores in standardized testing and being the best at memorization. In Spain, we were taught to push our minds to understand individual concepts and think 'to what extent'," said Spesiak.

"We talked about recent world issues and political views, where in the United States, teachers are not allowed to give their opinion."

However, despite being 4,097 miles away from Richmond, there were moments in Barcelona that gave Spesiak a glimpse of life at home.

"I took normal classes like chemistry, Spanish, history, art, and psychology on a block schedule every day. During our one-hour period for lunch, one of the students' favorite places to go was called 'Taste of America', the only American store near us.



photo courtesy Paige Spesiak

Spesiak snowboards in the neighboring country of Andorra.

Everyone thought it was so cool and loved it, which I found very funny," said Spesiak.

When looking back, the most amazing part of Spesiak's experience was not trading the windowless hallways of Godwin for the cobblestone streets of Barcelona for several months, but making new friends from

around the world.

"It fascinates me to hear people's life stories. My classmates were professional skiers, internationally ranked surfers, and world travelers," said Spesiak.

"I highly recommend that other students try to experience a different part of the world and see what it has to offer."

# Discovering the world through dance

## Godwin dancers travel across the pond to participate in an international New Year's parade

**Evi Spears**  
Staff Writer

Over break, many students relaxed and enjoyed their days off by lounging around and spending time with friends and family. For two seniors, however, winter break consisted of a great opportunity to travel to Europe.

Seniors Lexi Zirkle and Sonja Thompson got to go to London and dance in London's New Year's Day Parade over break. Every year, over 8,000 dancers, acrobats, marching bands, and other entertainment acts participate in this parade, which attracts over 500,000 spectators.

Broadcast on live television in the UK, the celebration is filled with performances, music, and large floats. People from all over the world come to London to watch and perform in the parade.

Every summer, Godwin's dance team goes to UDA, a dance camp at JMU. While there, the dancers learn a dance that incorporates styles like jazz and hip-hop. After just one day of practice, the dancers

audition in pairs in front of the entire camp. The auditions were optional, and only Zirkle and Thompson auditioned from the Godwin Dance Team.

Zirkle and Thompson were chosen based on their auditions to travel among 700 performers to London for the parade. Even though the girls had to audition with people from other schools, they still were able to perform together in the parade.

The trip was from Dec. 26 - Jan. 2. Since they were there for a couple days before the parade, the group was able to tour London before having to practice.

"We took lots of tours and saw many parts of London, then when it got closer to New Years, we had rehearsal," said Thompson.

On parade day, Zirkle and Thompson's group performed their dance over seven times in various parts of the city along the parade route. When it was time for the finale, the girls got exciting news.

"They told us that our small group of dancers was chosen to be in the grand finale which was



photo courtesy Sonja Thompson

Zirkle and Thompson (dark headbands) waiting to dance in the parade.

amazing," Thompson said.

Both Zirkle and Thompson found the trip to be an incredible experience and were able to meet new people and make new friends.

"The entire trip will always be so memorable because it helped

me discover what I want to do in the future," Thompson said, "but something I will never forget is on the last day how rainy and cold it was so my group all huddled together and sang all our favorite songs."

Thompson is moving to Los

Angeles after graduation to pursue a career in dance.

For Zirkle and Thompson, this trip brought new friends, big dreams, and the opportunity of a lifetime.

# GHS innovation gains international attention

**Sarah Burroughs**  
*Online Editor-in-Chief*

Godwin prides itself on its numerous students who go above and beyond in their academics, extending their education beyond the classroom. Senior Kevin Rao is a prime example of this type of student.

Rao was given the opportunity to participate in the Junior Edison TV show in Shanghai, China. It works to provide a platform for young students to exercise their inventive thinking skills.

A student that is invited to the show submits an invention of their own creation that proves to be both practical and favored among the public.

Rao decided that the goal of his invention would be to lessen the number of medical deaths in the world.

"I decided to focus my project on ending deaths by medical error after I read an NPR article that explained that medical errors are the third most common cause of death in the U.S.," said Rao.

Rao then began to perform research on ways to solve the issue of medical errors, and he came across the idea of technological intelligence.

"I was intrigued when I learned how well technological intelligence is able to perform complicated tasks both quickly and efficiently," said Rao.

It was then that Rao decided to create technological intelligence that had the capability to analyze cancer treatment records from a database and use that information to recommend treatment to cancer patients.

"I liked the idea because it did not only confront the issue of medical error, but it also worked to decrease deaths [caused] by cancer," said Rao.

His technology earned him first place in his category and fourth place overall at Metro Richmond Science Fair (MRSF). From there, Rao was invited to participate in The International Science and Engineering Fair (ISEF). At ISEF, a former contestant on Junior Edison showed interest in Rao's project, and recommended him to the show in Shanghai. Rao was then accepted as one of the six participants of the show.

Rao then traveled to Shanghai between Nov. 15 to Nov. 22 to appear on the show. The show had two main parts. In the first, Rao presented his research to an influential figure in the scientific and business academic fields.

"Hearing the feedback from Yu Lizhong, the Chancellor of NYU Shanghai inspired me to pursue my research once I enter college," said Rao.

The second part of the TV show involved Rao presenting his project and research to an audience as well as a panel of judges. It was here where Rao gave a speech about his aspirations in the medical science field and his future intentions with his project.

However, to Rao the show was much more than a competition.

"I was truly surprised with the diversity present in the program. I met people from all around the globe including places like Finland and Hungary," said Rao.

By meeting the other participants from around the globe, Rao realized the importance of international collaboration and experiencing other cultures besides your own.

"I now see that connecting cultures provides new perspectives and insight that you may not have been able to see. It brings new light to things that



photo courtesy Kevin Rao

Rao on Junior Edison, a gameshow that encourages young innovators.

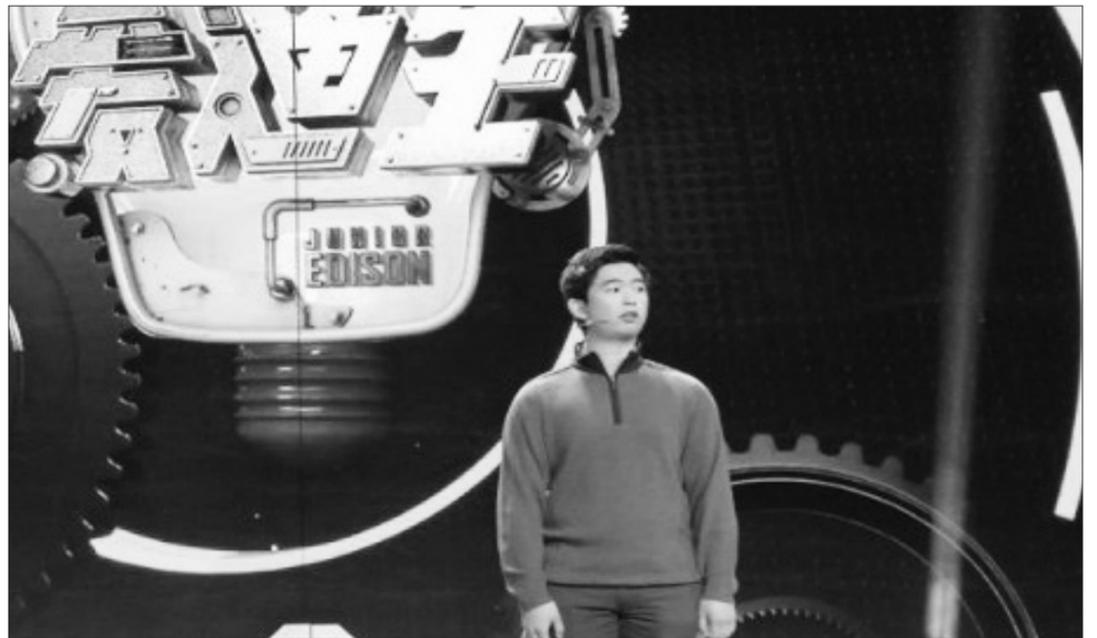


photo courtesy Kevin Rao

The show invites youth from all over the globe to participate by submitting an invention.

were once unsolvable predicaments," said Rao.

"This trip taught me to never stop improving something, even

if you see it as complete. Always find ways to expand your aspirations and discover new ways to innovate and work to increase

the impact of your work on the world," said Rao.

# Godwin counselor is all for snow days

**Maeve Summers**  
*Staff Writer*

For many, the winter months are for staying inside under blankets, drinking hot chocolate, and watching Netflix for hours on end. Yet, Godwin counselor Juliana Schatz can often be caught on the slopes during the winter months.

Schatz has been the president of the Snowshoe Ski team for four years at Snowshoe Mountain in West Virginia. This team aims to teach seven to 18 year olds skiing techniques as well as valuable life lessons.



photo courtesy Juliana Schatz

Schatz (center) with her son Walker (r) and a fellow skier at a regional competition in Okemo, Vermont.

"As the president, I am involved in hiring coaching staff, coordinating with Snowshoe Mountain, overseeing mountain races, budgeting and ordering equipment, promoting good sportsmanship with athletes and parents, and much more," said Schatz.

Schatz takes the four hour drive up to Snowshoe most weekends in the months between November and March to prepare for the racing season. Both of Schatz's children, 12-year-old Mckinley and 16-year-old Walker, are mem-

bers of the ski team, and her husband is a coach.

Schatz's son began to ski at age two and her daughter at 18 months.

"We have been involved in the Snowshoe community for about seven years. This community is very close knit due to the extremities we face everyday whether it is the freezing temperatures at the top of the mountain, or the risks that come with high-speed skiing as they can quite often be life threatening," said Schatz.

In addition to being the president, Schatz is also a United States Ski and Snowboard Association (USAA) certified official.

"In our region, being an official can take many forms whether I am actually refereeing or helping out behind the scenes. Refereeing a skiing match is not like refereeing a soccer game. There are more elements that are factored in and individuals have to meet certain requirements," said Schatz.

Schatz is also an experienced skier. She began skiing in her early twenties when her husband introduced her to the sport. According to Schatz, introducing



photo courtesy Juliana Schatz

Schatz (l) with her daughter at a competition in Snowshoe.

her children to skiing at an early age made it a family affair, which she found hard to balance with her job at first.

"It can be very time consuming during the winter months. The balance is in the fact that we are all involved as a family and we are connected to other families who are equally dedicated to the sport. The community is such an interval part in balancing skiing with family life and my own job," said Schatz.

When it comes to applying her counseling skills to her job as the president, Schatz says

that it is key in problem solving and helping the athletes on the team handle stress and anxiety.

"The strength in my presidency stems directly from my counseling skills and my ability to diplomatically negotiate tension-filled disagreements. Whether I am dealing with two opposing sides who both want something different, or an athlete who is stressed about an especially difficult course, I am able to use my counseling skills to resolve these problems," said Schatz.

## Couple Quiz

Godwin senior couples play a game of "He Said, She Said" for Valentine's Day!

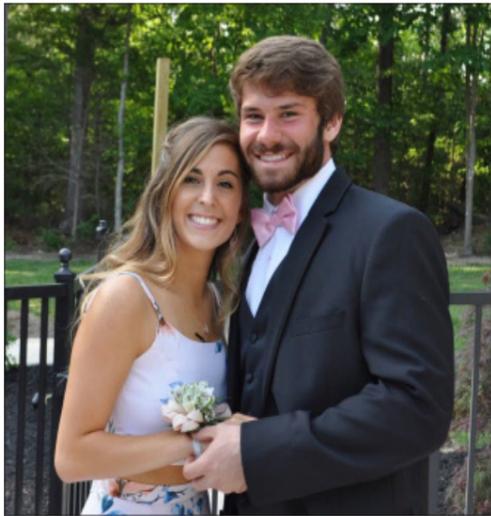


photo courtesy Lilly Wein

*Lilly Wein & Sam McRoberts*

1. *What's your partner's favorite pastime?*

**He Said:** Play with her puppy  
**She Said:** Playing football

2. *What's their favorite food?*

**He Said:** Fish tacos  
**She Said:** Pizza!

3. *What's your ideal Valentine's Day date?*

**He Said:** Home-cooked meal

**She Said:** Our first Valentine's Day we just ate pizza and played Madden! So I like doing that just because it's how we spent our first Valentine's Day.

4. *Where was your first date?*

**He Said:** Trak's

**She Said:** We went to Trak's which is a Greek restaurant and during it we were making bets about who was faster so we ran a lap around Pemberton. I almost won. And after we got ice cream at Gelati Celesti.

5. *If you could buy your partner a one-way ticket to anywhere they want, where would it be?*

**He Said:** Africa

**She Said:** I would buy him a ticket to Italy so he could have the best food, and he loves to eat!



photo courtesy Hannah Welch

*Hannah Welch & Will Mosberg*

1. *What's your partner's favorite pastime?*

**He Said:** Reading and watching "The Bachelor"  
**She Said:** Spending time with me, duh.

2. *What's their favorite food?*

**He Said:** Chocolate  
**She Said:** Cereal, specifically Cap'n Crunch

3. *What's your ideal Valentine's Day date?*

**He Said:** Dinner at Nonna's (where we also had our first date which happened to be on Valentine's Day)

**She Said:** Going to Nonna's for pizza like we do every year on Valentine's Day to commemorate our first date

4. *Where was your first date?*

**He Said:** Nonna's

**She Said:** At Nonna's on Valentine's Day

5. *If you could buy your partner a one-way ticket to anywhere they want, where would it be?*

**He Said:** New York City

**She Said:** Hawaii, or the upcoming Star Wars Disney theme park

To see if the couples got their answers correct go to: [www.godwineagles.org](http://www.godwineagles.org)

## gHarmony

Find your perfect match on gHarmony!



photo Dalia Jimenez

**Name:** Carter Straub  
**Grade:** 12

**Perfect date:** A warm, sunny day on the beach followed by a romantic candlelight dinner at In & Out

**Looking for someone who:** Can eat breakfast for any meal & has a dog

**Why should they date you?:** Easy to get along with (as long as you have those requirements)



photo Dalia Jimenez

**Name:** Alena Miah  
**Grade:** 11

**Perfect date:** Costco food court

**Looking for someone who:** Is educated in meme culture, has nice eyes

**Why should they date you?:** My dad might let us drive to Costco



photo Dalia Jimenez

**Name:** Benjamin Grott  
**Grade:** 11

**Perfect date:** Women's March or watching "Ladybird" at the Cinebistro

**Looking for someone who:** Is willing to join my bug club

**Why should they date you?:** @el.gorn



photo courtesy Katie Ramkey

**Name:** Katie Ramkey  
**Grade:** 11

**Perfect date:** April 25 because it's not too hot and not too cold, all you need is a light jacket

**Looking for someone who:** Closely resembles Zac Efron

**Why should they date you?:** Sometimes I'm funny