

The Eagles'



Mills E. Godwin High School
2101 Pump Road
Richmond, Virginia 23238

Eyrie

Volume 36
Issue 8
June 2, 2017
Priceless

INSIDE



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Farewell Godwin teachers Six teachers leave the nest after years of influence

Yara Ibrahim
News Editor

Godwin is known for its dedicated teachers, so farewells to favorites are often difficult for students and staff who have formed close friendships.

Spanish teacher Sharon Northrop has taught Spanish at Godwin for 15 years.

Although students will no longer see Northrop daily, they can expect to see her occasionally because she plans on helping at Godwin as a substitute teacher, mentor, and tutor.

Northrop also plans to travel with her two retired sisters; one in Australia and one in FL.

Northrop said her favorite memories in Spanish classes are of students telling her they don't want to speak in front of the class but then shine and speak comfortably once they prepare.

"I always tell students that they can do this...and they can!" said Northrop.

In return, students have taught Northrop to be patient, flexible, and kind when teaching.

"I am going to miss my family here at Godwin, but I am very excited to begin this new chapter in my life," said Northrop.

Math teacher Vicki Hiner has taught almost all the math courses offered at Godwin over the course of 12 years.

Her favorite memory of those years was taking a group of students to NASA, and seeing NASA engineers come to Godwin to work with students.

Although Hiner will no longer be teaching at Godwin, she plans to continue exploring growth opportunities in another county.

"Godwin is a special place and I will miss the school. It is hard to leave but it is time I explore education through another avenue," said Hiner.

However, she is enthusiastic to carry with her the lessons she has learned from students each day.

History teacher Will Kitchen has taught for almost 35 years total, and 16 of them were at Godwin.

Kitchen has taught Virginia and U.S. History and World History II.

In addition to teaching, he coached football for 32 years. At Godwin, he was the Assistant Varsity Football Coach for six years and the Varsity Head Coach for four years.

After the school year comes



photo Julia Grossman

Hoy, Northrop, Kitchen, Hiner, Fisher-Duke, and Winston (l to r) say goodbye to Godwin.

to a close, Kitchen plans to take some time to relax.

"I am going to sleep for a week and when I wake up, I am going to reinvent myself," said Kitchen.

While teaching history, Kitchen has learned from students that if you want to be understood, you have to understand.

Kitchen said that he is privileged to have had the opportunity to teach and coach at Godwin and that it has been an honor to work with the students, faculty, and staff.

He said, "I am pleased to end my teaching career [at Godwin]. This place is a destination not a stepping stone."

Librarian Darien Fisher-Duke worked at Godwin for 19 years and has taught students how to research while encouraging a love of reading.

Fisher-Duke will be participating in the Henrico Prep program in which she will work at different libraries around the county as a substitute librarian, so students may continue to see her at Godwin occasionally.

Additionally, she plans to play with her three grandchildren more and spend time at the gym and biking.

From teaching at Godwin, Fisher-Duke has learned not to make any assumptions and to treat each individual with respect.

She encourages students to seek a profession where they will love what they do every day and make a contribution.

"My favorite memories are the things that made me laugh at the time, and still make me laugh when I think of them," she said.

Physical Education teacher William Winston has taught at Godwin for four years. Two years were spent teaching

Health and P.E. and two years in Driver's Education.

Next school year, Winston will teach middle school Health and P.E. in Gaston County, North Carolina where he will also serve as the school's athletic director.

Winston's favorite memory in Driver's Education is teaching parallel parking.

"Seeing students succeed and the pure excitement on their face after doing something new for the first time brings me a lot of joy," said Winston.

Winston believes that he has grown as a teacher while teaching at Godwin.

"I've learned that my students have a lot of experiences that bring great value to the classroom and often bring a different perspective," said Winston.

Winston said that he will miss Godwin greatly, and he will miss the bonds of working closely with the faculty and students. He originally believed that Godwin would be the place where he would retire.

"However, sometimes life changes and while change is hard for most, I'm excited to see what the next chapter in life brings," said Winston.

Winston has enjoyed teaching in the Health and P.E. department which he believes is top-notch, and he has also enjoyed coaching football and track while forming solid relationships.

He said, "Godwin will always hold a special place in my heart and I'll continue to follow all the happenings that go on when I'm gone."

Math teacher Thomas Hoy is retiring after teaching at Godwin for 37 years.

Hoy has taught every math course except for statistics and calculus. His favorite memories from his many years at Godwin

includes teaching his five children in his trigonometry class.

Following his full career, Hoy plans to travel and relax. Hoy has taught many lessons to many students. However, students taught him an important lesson as well.

"You learn something new almost every day," said Hoy.

Although his teaching days will soon be over, he wants to remind students not to "take any wooden nickels".

These teachers are not finished with their jobs at Godwin yet. They would like to leave students with some last words of wisdom and advice.

"To our language students, know that you are able to succeed in learning and producing a foreign language," said Northrop.

"Smart people know there is a lot they do not know but they know to ASK! Learning comes from true questioning," said Hiner.

"I hope you would live life in the following way: be inquisitive, be accountable, take the initiative, take responsibility, be humble, and don't assess blame," said Kitchen.

Fisher-Duke said, "There are many times in life when you don't know whether to laugh or cry. Choose laughter."

Winston wants to remind students to enjoy youth and not rush through life too fast.

Winston said, "Stay involved and try new things. Join new clubs, activities, and sports. Don't relegate yourself to being a 'one-sport' athlete."

Hoy would like to leave students with one final message.

"High school is just one step on the journey."

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“I have two [math] models standing before me”

Two Godwin teams place with top scores in Math Modeling competition

McKenna Gillard
Opinion Editor

Two of Godwin's own math modeling teams have earned a place in the top eight math modeling teams in the nation.

The high scoring teams included Team 6774 (seniors Oliver Hamilton, Shreyas Kulkarni, William Rawson, and Alex Sims) and Team 6779 (juniors William Parker, Kevin Rao, Shaandro Sarkar, and Farheen Zaman).

Students undertaking math modeling competitions are initially presented with a problem and a time limit. The teams must develop a multifaceted solution to the real life extended word problems, write a paper about their approach, and address certain aspects of their solution.

To practice, members of the Godwin math modeling club analyze problems from previous years and compare strategies. Many math skills used are learned from classes already taken at Godwin.

Senior Shreyas Kulkarni said, “A lot of our planning and organization of problems and solutions stemmed from TPhilly’s advice from last year’s math modeling. We read the rules a lot and took a lot of breaks in order to make sure we weren’t burnt out.”

Godwin students have the opportunity to compete in three competitions: The Moody Math Challenge, the High School Mathematical Contest in Modeling (HiCMC), and the International Mathematical Challenge (IM2C).

To be able to compete in IM2C in March, teams must first compete in HiCMC in November and rank high enough.

Teams in HiCMC were given 36 hours to successfully complete one of two problems provided.

One problem involved maximizing efficiency of one-day warehouse shipping, and the other involved organizing triathlon waves to reduce congestion on the course.

Team 6779 completed the problem centered around warehouse shipping by mapping warehouses and creating programs to display shipping time maps from UPS.

They earned placement as a National Finalist, one out of four of 411 teams for that problem.

Team 6774 at HiCMC solved the problem regarding the triathlon by combining math modeling techniques and computer programming addressing division size and start times to be one out of five groups of 429 teams

to receive the rank of National Finalist and qualify for IM2C.

Due to satisfactory scoring at the HiCMC, eight Godwin teams qualified to compete.

This contest was completed in March and scores are not yet released.

In the IM2C, only a single problem was offered over the course of a five-day work period. The problem concerned organizing the location of a meeting to increase productivity and decrease jet lag.

Team 6774, Team 6779, and six other Godwin teams that qualified worked to mathematically determine a solution against teams from all over the world.

Kulkarni said, “[Math modeling] can get really stressful sometimes, but otherwise, it is really eye-opening since there aren’t really any wrong solutions, only better solutions.”

Junior Shaandro Sarkar said, “One of the things I really love about math modeling is being able to use all the math that we’ve learned to model a problem and then fix that problem. You don’t need super complicated multivariable calculus or differential equations to solve the problem; often, we just use basic algebra and arithmetic.”



photo courtesy Twitter; @Godwin_students

Team 6779: Shaandro Sarkar, William Parker, Kevin Rao, and Farheen Zaman (l to r)

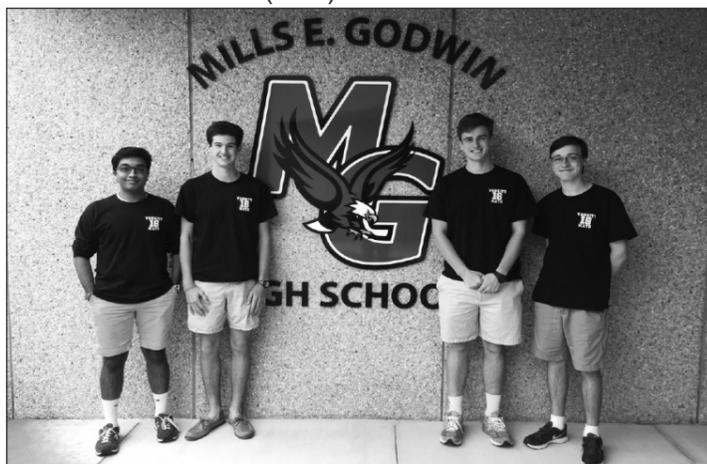


photo courtesy Twitter; @Godwin_students

Team 6774: Shreyas Kulkarni, William Rawson, Oliver Hamilton, and Alexander Sims (l to r)

Assembly changes for 2017-2018 school year

Ceara Nolan
Front Editor

Godwin handed in its typical end-of-the-year awards assembly for four more. Instead of having one senior awards assembly that the entire school is encouraged to attend, each grade level has been given their own assembly.

All ninth, tenth, and eleventh grade awards assemblies will take place at 10:00 a.m. on June 5, 6, and 7 respectively. The senior awards assembly will take place at 7:00 p.m. on June 8.

While some seniors feel that underclassmen should have to

sit through the senior awards assembly, as they did when they were underclassmen, the separation of the grade levels was done in part to garner more attendance.

Often, students find themselves sick or obligated to previously made doctor or dentist appointments on the day of the lengthy assembly.

In addition to a new awards assembly, this year’s juniors will also attend convocation at the beginning of the 2017-2018 school year in place of the Investments in Learning ceremony.

Convocation will fall on Oct. 11, PSAT day.

Convocation, meaning “a call to come together”, is a graduation assembly performed by colleges and high schools to honor the incoming senior class.

Surrounding high schools, including Deep Run, Freeman, and Glen Allen, all participate in the annual ceremony.

“Since all other high schools in Henrico do some kind of senior convocation, students, parents, and teachers have asked about it for a number of years,” said principal Leigh Dunavant.

In high school convocation

ceremonies, the graduating class wears their caps and gowns and are recognized as seniors for the first time. It is an opportunity for bigger awards, like Most Valuable Eagle, to be given, while celebrating the rise of the class of 2018 to senior status.

“There will be a speaker, we will name the Most Valuable Eagle, and we will recognize some students with a few other special awards,” said Dunavant.

The hour-long ceremony is limited to the class of 2018 and their guests, which means that, unlike in past years, the rest of

the school won’t see the MVE awarded on stage.

“That would be something we would like to have the whole school recognize. We still want to have that person recognized by the community,” said associate principal John Phillips.

Ultimately, administration is waiting to see how the new schedule works for Godwin and will evaluate its success as it progresses.

“I hope convocation serves as a time to reflect on the seniors’ high school experience and celebrate the start of their final year at Godwin,” said Dunavant.

Henrico signs contract for new computers

Dimitrius Gomez
J-1 Correspondent

As technology continues to broaden its abilities, the life of a personal computer continues to shorten. Laptops tend to be outdated abruptly after their successor models are introduced, making the old device irrelevant.

Current laptops at Godwin will soon be out, as new laptops will be introduced to students at the beginning of the 2017-2018 school year.

According to the Richmond Times-Dispatch, Henrico County Public Schools signed a contract with Dell for \$17.45 million dollars in April to replace 17,320 older model laptops currently in use at middle and high schools.

The new Dell Latitude 3380 laptops will replace the current Latitude e6430 models, with upgrades such as faster speed,

updated operating systems, and more.

The current laptops in use have mixed reviews - some are content with the “durability” of it, yet some complain it is either “outdated,” “bulky,” “unreliable,” or “cheap.” Regardless, the new model will satisfy students’ needs with a lighter weight, longer battery life, and even more durability.

Sophomore Katherine Coleman is excited for the new laptops, as she feels that it is “definitely time for an upgrade.”

“With the new laptop having longer battery life, you can get through full days without having to charge. The new laptops will also be better because they are more durable, and some students drop their laptops a lot,” said Coleman.

Junior Emily Key also feels

the same way.

“I am excited for the change and the improvements in our technology here at Godwin,” said Key.

Software enterprise Hewlett-Packard (HP) was also a candidate for the contract - however the school board agreed it would be best to continue its contract with Dell due to a higher rating of user-friendliness and technical support.

Principal Leigh Dunavant said, “It will be nice to have new computers. Technology always provides opportunities for student engagement which helps with student performance in school.”

Teachers will also see a benefit with the new computers, as they will be able to work more efficiently.

“I am sure that there will be a



photo Google Images

The new model, Dell Latitude 3380, to replace the current Dell model in the 2017-2018 school year.

lot of things that will be improved that will help teachers,” said Dunavant.

The new laptops will be

brought to the county in early June and will be issued to high school students between Aug. and Sept.

The skin that I am privileged in



Asha Roberts
J-1 Correspondent

When I was little, I thought my race was yellow. It made sense in my six-year-old mind.

When my mom said, "No honey, you're black", I looked at my skin, shook my head, and said, "That's not black though. It's yellow".

My mom laughed and explained to me that being black means you can be a variety of colors. I just happened to come out lighter, or "yellow" as I kept insisting.

As I grew older, I recognized that my race was not yellow. I'm light-skinned.

As I started to come into a full understanding of myself and my skin color, I began to notice a certain privilege that came with it.

As a little girl, I was praised for my light skin, while my friends with darker skin were put down for their skin color. I heard remarks from people shunning the idea of dark skin.

"Come inside, baby. We don't want that pretty skin getting darker now." "I don't really like dark-skins. They're just not attractive to me." "I think that light-skin girls are just better, you know. They have better hair, they're smarter. The whole

nine." "I thought cute dark skin girls with long hair was a myth."

What shocked me most about these comments was the fact that they were coming from people of the same race, not different ones.

I didn't understand why people were shunning others who looked just like them. When I asked my mom about the remarks she said sadly, "That's called colorism, baby."

Colorism is a form of prejudice or discrimination in which people are treated differently based on the social meanings attached to skin color.

Often times, it takes place in one's own race. Colorism in the United States dates back to the time of slavery. As a result of sexual assault by white slave masters, the masters were often partial to the lighter slaves because they were often family members.

Due to the one drop rule, the lighter offspring were considered black and worked as slaves, despite their European ancestry.

However, the slave masters gave them more privileges because they were thought of as smarter and more capable.

Sadly, this mentality stayed in place for black and whites after slavery ended. Lighter skinned blacks were often first in consideration for schools and jobs, unlike their darker counterparts.

The lighter skinned blacks were viewed as innocent, intelligent, and non-threatening, while the darker skinned blacks were viewed as less beautiful, less intelligent, and dangerous.

These mindsets still exist today, despite the calls to end such prejudiced ways of thinking.

Today, socially, light-skinned blacks have it easier in America than their darker brethren.

Studies have shown that having light skin today has a range of privileges such as better housing and marriage opportunities.

A study at Villanova University found that white interviewers viewed light-skinned blacks as more intelligent than dark-skinned blacks.

Another study done at Villanova showed that in more than 12,000 cases of black women imprisoned in North Carolina, women with lighter skin tones received more lenient and shorter prison terms than darker skinned women.

The study found that light-skinned women served 12 percent less time behind bars than darker skin women.

Colorism affects not only the superficial points of life, but the deeper parts as well.

People with darker skin are told by the media, their friends, their peers, and even their family members that dark skin is "just not attractive".

In the documentary *Dark Girls*, a girl described a time when her mother described her as beautiful, highlighting features such as her eyelashes, cheekbones, and lips. Then she added, "Could you imagine if she had any lightness in her skin at all? She'd be gorgeous."

Even an old children's rhyme puts down dark skin, saying, "If you're black stay back; if your brown stick around; if you're yellow, you're mellow; if you're white, you're alright".

This leads to insecurity, anxiety, and depression due to all the stigmas that are labeled on

dark skin.

People with dark skin are often times ridiculed for their dark skin so much that they start to want a lighter skin tone just to feel better about themselves.

"When I was five years old, I used to pray to have light skin", said actress Keke Palmer. "I would always hear how pretty that little light skin girl was or I was pretty [for someone who was] 'dark skinned'".

Actress Lupita N'yongo prayed for light skin at night just before she went to bed. "The morning would come and I would be so excited about seeing my new skin that I would refuse to look down at myself until I was in front of the mirror because I wanted to see my fair face first", said N'yongo.

Today, colorism is not discussed as much as it should be. When told about their privilege, light-skinned blacks often deny it saying, "ME? PRIVELEGED? We all black to the White Man! We all at a disadvantage!".

This is true, but as light-skinned people, we experience less pressure than dark-skinned people do.

We don't know what it feels like to be turned down for certain

opportunities (jobs, schools, marriage) just because our skin is darker than what is preferred. Skin bleaching creams are not forced on us as much as they are on people with darker skin tones just to look "pretty".

As a light-skinned black person in America, I hold a certain privilege that dark-skinned people just don't have.

Sure, I've experienced racism, but not to the extent that darker blacks have. Dark skinned people have to deal with people making fun of their skin tone and other noticeable black features, and it's swept under the rug.

They have to deal with people not thinking they're smart enough. Talented enough. Pretty enough. Handsome enough. Good enough. Their struggles are ignored, and I don't think they should be. I think we should have the colorism conversation, no matter how uncomfortable it gets.

Then, we can try to remedy such poisonous ways of seeing people and of shunning people of your own race because they've got more melanin. It's wrong, it's hurtful, and most of all, it's damaging.

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section.
Featuring a response to last issue's "Wage gap
is both reasonable and explainable"

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Eagles' Eyrie

The Student Voice

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All he does is “Win, Win, Win” no matter what

Tyler Anderson
J-1 Correspondent

Godwin tennis coach Mark Seidenberg has been coaching the Godwin girls tennis team for 23 years, building a strong résumé of state titles and success.

On May 3, Seidenberg reached new heights in his coaching career and for the Godwin girls' tennis team by achieving his 400th win as the girls' tennis coach.

The tennis team beat Cosby High School 9-0, and with the last point of the game, Seidenberg's win-count entered into the 400s.

With this recent achievement, Seidenberg needs 19 more victories to break the all-time record for wins by a girls tennis coach in VHSL history.

Seidenberg's first season coaching tennis at Godwin was in 1994, and his first state championship came just a year later.

That championship in 1995 was the first of 11 state championships, and 18 appearances in states.

Seidenberg coaches tennis similarly to how he coached basketball.



photo courtesy Sandy Spicknall

Anna Sidhu, Divya Atluri, Seidenberg, Anna Brodzik, and Jessica Marks (l to r) at senior night before their match against Glen Allen High School during the regular season.

“I like to have a set practice schedule, be organized with practices, move quickly from drill to drill, and applying disciplined. to each practice,” said Seidenberg.

Also, Seidenberg takes pride in his teams (both basketball and tennis) outworking their

opponent.

“I always want to improve my player's net game and inspire them to cheer each other on,” said Seidenberg.

Seidenberg does not solely credit his 400 wins to his coaching his abilities. Rather he credits his success to the many

great players and coaches he has worked with over the years.

“Reaching this milestone means that I've had a lot of great players and fantastic assistant coaches throughout the years. It's because of them I've had a successful career,” said Seidenberg.

Conquering the off-season

How to stay in shape when your athletic season is over

Dalia Jimenez
Sports Editor

Summer is rapidly approaching, and with those warm, endless summer days in mind, most thoughts aren't centered around keeping in shape during the off season.

It is easy to forget about all the hard work that went into your last sports season and to simply live your summer like a normal teenager, but when the season comes back around, you don't want to have to start the training process completely over.

Staying in shape during the off season doesn't have to be a hassle or take up the entire summer. By making smart choices everyday and putting in a bit of work every week, maintaining one's athleticism this summer can be easy, affordable, and fun.

Eating healthy

Eating healthy doesn't mean only eating vegetables and fruit. It also doesn't mean you have to cut off your favorite foods entirely. Here are some recommendations to sustain a healthy lifestyle all year round.

Want a snack? Instead of always reaching for a bag of Lay's, go for some watermelon, pineapple, peaches, or strawberries. These fruits are in season during the summer, so they'll be extra sweet to satisfy a craving. If you're feeling particularly adventurous, combine them all in an ice cold smoothie.

Lacking protein or looking for a balanced meal? Treat yourself to a classic breakfast of eggs and bacon with a pancake on the side. If you're looking to dine out,

Metro Diner offers quality meals for good prices that touch base with all the food groups.

Fast food calling your name? Waffle fries from Chick-Fil-A are a classic favorite, but occasionally it is a good idea to switch fries out in favor of a fruit cup, Greek yogurt parfait, or salad. You don't have to give up fries entirely, just replace them every once in awhile to balance out your diet.



photo Google Images

Working Out

Finding time to work out during the summer may seem like a hassle, but exercising for one hour, five days a week is more than enough to maintain your physique during the off season.

Looking for a gym? If you're searching for a place where you can work out without the stress or cost a large gym brings, Crunch Fitness offers base membership for \$9.95 a month.

Gyms not your style? It's perfectly okay not to feel comfortable working out at a gym. There are many other ways to incorporate exercise into your daily routine.

Sports activities: Grab some friends and play a game with a ball, bat, frisbee, or lacrosse stick and have some fun while staying fit.

At home weight training: Pick up a few dumbbells, play your

favorite music and build muscle in the comfort of your home.

The great outdoors: Go for a jog, explore your local area, stop for an ice cold treat afterwards, the choice is yours. A friend in attendance is highly recommended.

Talk to your coach: If your team offers conditioning later in the summer, it is in your best interest to attend so that you can train and get in shape (if you're not already) before the season starts. If no conditioning is available, emailing your coaches for workouts and suggestions will greatly improve your exercising habits.



photo Google Images

Technique

Practice the little things, even just for a few minutes a day, so you don't forget motions entirely.

Whether you focus on holding your bat at a particular angle, keeping your posture and form for a sprint, or shooting hoops to keep the muscle memory intact, remember to practice with enough frequency that you do not lose the hard work you put in during your season.

Grab some teammates: If your coach isn't available for team conditioning, your teammates are great workout partners because they are familiar with the way the team functions.

Sports and academics

Ari Lehman and Cannon
Binns

J-1 Correspondents

The “dumb jock” stereotype has been around for years, but is it actually true? Science has proven that exercise is correlated with mental activity and increases the volume of the hippocampus, frontal, and temporal lobes.

All are regions of the brain that relate to cognitive functioning. Yet, many people believe that student athletes have lower GPAs.

It is a question of whether athletics stress students with their time consumption, or brighten and keep their mind in check. For many upperclassmen that delegate their time with academics, athletics, and their jobs, it can be a lot to handle. On the other hand, athletics keep students minds energized and can even help them in school.

“It is all about time management. In college, my grades were always higher during the semester of baseball season. I think that is due to the fact that I had less free time and realized that I had to manage my time better,” said varsity baseball coach John Fletcher.

According to a study done by Penn State University (PSU), student athletes attended 21 more days of school than non-student athletes. In addition, their GPAs were higher by 0.74. PSU received their information from the Los Angeles Unified School District.

In an article written by British Broadcasting Corporation (BBC) a university found that if male students exercise for an extra 17 minutes, they're more likely to

have success on English exams. One of his favorite parts of coaching is all of the relationships he has made with both former players and coaches.

He constantly works to build these same relationships within the team itself.

“I've tried to stress the importance of the team aspect of tennis. I want all my players to feel victorious when we win,” said Seidenberg.

Seidenberg stays in touch with all his former players and their endeavors after high school.

He also keeps in touch with past coaches, and enjoys seeing them get married, become parents, and celebrate other special events during their life.

The girls 2017 tennis team season ended on Friday 26 to their rival, Deep Run. The end score was 5-3.

“Seidenberg's coaching style is one of the reasons why our team is so good. Although we couldn't beat Deep Run in the end, we improved greatly during our season and had a great time,” said junior Sarah York.

Another study done by the U.S. Department of Education

showed that students who participate in extracurricular activities are three times more likely to have a GPA of 3.0 or better.

“Athletes are held to a higher standard academically. If an athlete is successful in one venue, we expect success in another. The minimum GPA for athletes should not be raised from a 2.0,” said tennis coach Mark Seidenberg.

“Student athletes have a coach and team to work academically for. I think that sports have a positive effect on both academics and behavior in school,” said varsity basketball coach Hunter Thomas.

Because of the time crunch that results from long practice hours, students tend to procrastinate less during their sports season.

“I think sports did help my academic performance. I did not procrastinate a lot during swim season,” said freshman Maddy Spangler.

“For some athletes, being a part of a team does drive them to do better in the classroom because they understand the expectation of their coach and teammates. Often, being part of a team, serving a greater good will also have a strong influence on the character of that young man and their ability to make good decisions both in the classroom and on the weekends,” said Fletcher.

Overall, studies show that sports help students manage their time better, leading to better grades. The “dumb jock” myth, is exactly that, a false idea.

Godwin athletics: A year in photos

The Eagles' Eyrie commemorates student athletes throughout the seasons



photo courtesy Sandy Spicknall



photo Kevin Crockett



photo courtesy Sandy Spicknall



photo Reagan Richmond



photo courtesy Kaylee Butterworth

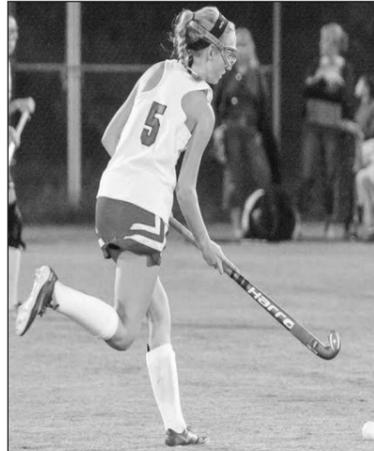


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Eyrie Senior Profiles

Honoring the graduating Eyrie staff members who help make this paper possible.



Olivia Carey
Editor-in-Chief

College: Emerson College in Boston, Ma.

Major: Journalism

Favorite journalism memory: Staying late with the other Upper Level Editors on Friday nights to edit pages before we press on Tuesday. All we do is eat (lots of) snacks, laugh, and read through pages.

Favorite school event: Mr. MG is by far my favorite show to work tech for! It can be stressful, like any show, but we also laugh the most.

Best advice for underclassman: Try things that you never imagined yourself doing before! I wouldn't be the same person if I hadn't started working tech for all of Godwin's productions and assemblies.



Brittany Bell
Features and Flair Editor

College: James Madison University

Major: Media Arts and Design, concentration in Journalism

Favorite quote: "We don't make mistakes, just happy little accidents." - Bob Ross

Favorite journalism memory: When Julia dances on the tabletops to Nickelback and we all have lunch group dance parties.

Best advice for underclassman: Don't try to do everything, you are only one person.

One thing your classmates still don't know about you: I was an avid roller-skater back in the day.



Jordan Payne
Center Editor

College: Christopher Newport University

Major: Criminology

Favorite quote: "What is your spaghetti policy here?" - Charlie Kelly

Favorite teacher: Mary Spensieri

Favorite journalism memory: The Christmas parties

Best advice for underclassmen: Try to spend at least 30 minutes out in the sun after school each day, as you know we don't have windows and you will develop a vitamin D deficiency.

Three words to describe yourself: Different, lisp, socks

One thing your classmates still don't know about you: I have a lisp.



Adam Collins
Business Manager

College: James Madison University

Major: Business undecided

Favorite quote: "I wish there was a way to know you're in the good old days, before you've actually left them." - Andy Bernard

Favorite teacher: Chip Carter

Role model: Oliver Hamilton

Favorite journalism memory: The holiday parties

Best advice to underclassmen: Don't slack off.

Three words to describe yourself: I, dont, know

One thing your classmates don't know about you: I enjoy long walks.



Reagan Richmond
Photographer

College: James Madison University

Major: Nursing

Favorite quote: "Grades don't matter in heaven." - Adam Collins

Favorite teacher: Mindy Guyer

Role model: My sister

What will you miss most about high school?: My swag-alicious friends

Three words to describe yourself: Quiet, introverted, extremely shy

One thing your classmates still don't know about you: My spirit animal is a komodo dragon.



Kevin Crockett
Photographer

Favorite quote: "Don't Stop Believin'" - Journey

Favorite teacher: Michael Fetsko

Role model: Becky Martino

Favorite school event: Mr. MG

Best advice for underclassmen: Do what makes you happy and don't worry about anyone else.

What will you miss most about high school?: The food

Three words to describe yourself: Afraid of heights

One thing your classmates still don't know about you: Why would I tell them now?



Josh Rabinowitz
Copy Editor

College: Longwood University

Major: Anthropology

Favorite quote: "Do you like jazz?" - Anonymous

Favorite teacher: Bryan Cole

Favorite school event: T-Philly Memorial Concert

What will you miss most about high school?: Journalism class

Three words to describe yourself: Tired, but, brilliant

One thing your classmates still don't know about you: I like jazz.

Dear Eagles' Eyrie seniors,

We hope you had a great senior year and enjoyed every moment of journalism. There is no way we could have had such a successful year without your hard work and dedication. From the jokes, to the stories, to the countless hours of editing, writing, and picture taking, you have all been influential to the behind the scenes action on the paper. There is never a dull moment, but there is also never a moment where the dedication subsides. Not many people know or appreciate the work associated with creating, editing, and publishing a newspaper. There have been days where some of these seniors stay after school until after 9:30 p.m. or come early to take photos. There is no doubt that creating this paper could have been as successful without all hands on deck.

As you leave the nest and move on to college life, we hope you take everything your journalism family has helped you with, taught you, and the lessons you have all taught us. It was a great year, and we'll miss you all next year!

With love,
Eagles' Eyrie Staff

Cellphone addiction? A generation of tech-aholics



photo Google images

Isaac Hull

J-1 Correspondent

Do you ever fear being without your smartphone or not able to use it? Maybe you get anxious when responding to or receiving text messages, or you feel like you received a text or notification when you really didn't?

If the above symptoms apply to you, you suffer from a condition known as cellphone addiction.

In the past decade, with the growing popularity of cellphones and smartphones, society has become inseparable from their electronic devices.

Recent studies have shown adolescents have started to develop an addiction to their cellphones.

Out of all of the cellphone users today, around 10-12 percent are estimated to have a true, physical addiction, according to Director of the Center for Internet and Technology Addiction David Greenfield.

So what really is cellphone addiction?

Greenfield compares it to a gambling or slot machine addiction.

"Every once in awhile you get a reward... a piece of information, a text, an email, an

update... something comes through that you find salient or pleasurable, but you don't know when you're going to get it, what it's going to be, and how good it's going to be," said Greenfield.

People addicted to slot machines play the machines over and over, hoping they will eventually get a reward, money. This is very similar to people constantly checking their phones hoping for a notification to show up.

The more notifications they start to receive, the more the person becomes addicted to checking their phones, hoping to receive another notification.

But with an addiction, other problems come along with it. People that experience cellphone addiction often also experience cellphone withdrawal.

If they do not have their cellphone with them or are unable to use it for some reason, they experience symptoms of withdrawal.

These symptoms can include increased stress, anxiety, and possibly feeling sick.

What really makes cellphones so addictive? Well, people are not necessarily addicted to their cellphones but moreso what the cellphone does.

The addiction is to receiving notifications, and to feed the addiction they must check their phones over, and over, and over.

Receiving these notifications provokes a release of a chemical called dopamine. Dopamine affects the pleasure center of the brain, making its owner feel good.

After dopamine is released, the brain creates an urge for more dopamine and therefore more of whatever was causing the release in the first place.

This is referred to as the Dopamine Cycle. Once one notification is received, the user will want to keep checking back for more.

Drugs such as marijuana, cocaine, and various opioids such as heroin and some painkillers also perpetuate the Dopamine Cycle, which is why they are so addictive.

Mathematics teacher Bryan

Cole has begun to give attention to the issue with his students.

"It's hard to ignore the pervasiveness of use – not just in school, but in most public places, too," said Cole.

He has addressed the issue with some of his classes, showing one of them a Ted Talk about cell phone addiction.

"[Some people] cannot actively engage in the rawness of human conversation without responding to the click, ding, or buzz of a text, email, notification, etc. on their phone," said Cole.

When asked if he had noticed any symptoms in his students, Cole said "absolutely."

The most important thing Cole wants students to know about cellphone addiction is that it is a real and serious problem, not just a myth pushed by adults tired of younger generations constantly on their phones.

"In the end, as with other addictions, we must start with awareness," said Cole. "It's difficult to address a problem or condition you don't know or think you have."

The job of your childhood dreams

Kristina Smith

J-1 Correspondent

Disney has pervaded children's lives since it was founded in 1923. Some dream of becoming princes or princesses, allowing Disney to follow them into adulthood. For English teacher Christy Maddox, that dream became a reality.

Maddox lived around the corner from the Radio Disney building while studying journalism at Virginia Commonwealth University. She is a lifelong Disney fan and loves working with children, so she decided to apply for a job at the Radio Disney building.

Maddox received the job and

was given the position of a "fun team squad member." Maddox started out on the promotional side of Radio Disney, where she got to drive around Richmond in the Radio Disney Van to different events, including "mommy-and-me" celebrations.

At these events, they would play music, and kids there would get to participate in multiple games. Later, she was offered an internship on the production side of Radio Disney, where she got to help make commercials for the local station.

Throughout her years at Radio Disney, she was able to meet Miley Cyrus during the starting stages of Hannah Montana, and

also got to meet singers Ali and AJ, who were in the movie "Cow Belles".

"I had heard of Ali and AJ before meeting them, so it was very exciting," said Maddox.

Maddox said that some of the challenges she faced at events she worked during her promotional job included keeping kids from being upset when losing games that she was helping with, working during inclement weather, and keeping kids calm while waiting to play games.

When kids won games at the events, they would be allowed to choose from a prize bin including items such as stickers, buttons,

and stuffed animals.

Some of the skills needed to work there included patience, a bubbly personality, and being able to roll with the punches.

When these events went well, the promotional employees would be allowed to go into the "prize closet" and choose from an assortment of movies, games, and tickets to different amusement parks.

Maddox says her co-workers were incredibly friendly and she would definitely take the job again if it was offered to her.

"It was a wonderful experience, I had a lot of fun, and it definitely led me to where I am now," says Maddox.



photo Brittany Bell

Christy Maddox

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**KIS
BARBER**

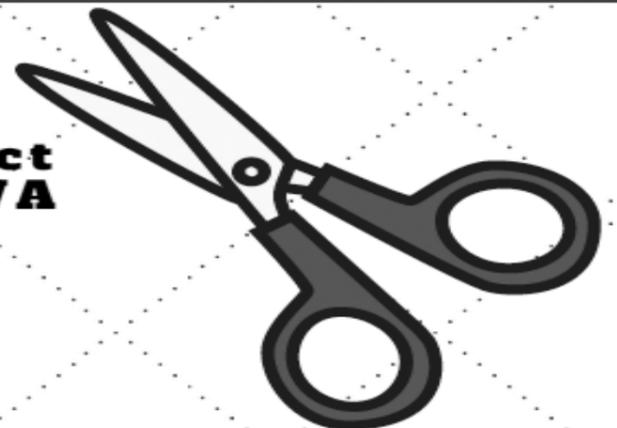
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HAIR SALON

It's raining cats and dogs!



photo courtesy Alice Key

Foster kittens Sam, Charlie, and Nava. Charlie was adopted by Godwin junior Kathryn Chamberlain's family.

Sarah York

Assistant Editor-in-Chief

Junior Emily Key and senior Beth Ann Mordica are both saving animals lives. Key fosters cats and Mordica saves dogs.

At first, Key's family just wanted to adopt one kitten, but when they looked at the Richmond SPCA website they decided to take a fostering class instead and took home three six week old kittens.

As of today they have fostered 54 cats.

The Keys work through the Richmond SPCA's program and normally get kittens that are newborn to about six weeks old.

The kittens are then taken back to the SPCA at around eight weeks or when they meet the two-pound requirement for spay and neuter surgery. Then they are left to be adopted by new families.

Kittens mature quickly between the moment they're born

to the eight week mark.

When a cat is between newborn and four weeks old, they are called "bottle babies" and need to be fed formula nearly every hour. They also aren't able to regulate their body temperature, so a heat source is required.

When a cat is between five and six weeks, the foster parents have to socialize the cats, so they won't be scared when they go to their new home.

Key's family not only fosters kittens, but Emily's mother, Alice Key, runs a popular Instagram page featuring photos and videos of the kittens they are fostering at the time.

She began the Instagram, @foster_kittens_rva, with her third litter of cats and took inspiration from a fellow foster mom in Seattle. The Seattle mom runs an account with over 443 thousand followers, the largest foster kitten account in the country.

Alice Key has nearly 72 thou-

sand followers, and the number grows every day.

"One photo went "viral" and suddenly the followers jumped by several hundred in one day. It was crazy. Sometimes there will be a big jump, and I'll find out later a big account like @cats_of_instagram or @9gag posted one of my videos," said Alice Key.

With the Instagram, there are some perks. Since people are following along with the kittens on her page, many are interested in adopting them. She is able to find homes for nearly all of the foster kittens before they leave her house. She also receives updates of the cats who have been adopted.

Alice Key also has an Amazon wish list set up where people can donate supplies to help the foster kittens. She gets kitten formula, food, toys, litter, and blankets, among other items.

"The shelters provide the basics you need for fostering, but it's nice to save those resources for other people if I can," said Alice Key.

Alice Key also has access to a network of other foster moms through Instagram which offer support and can answer questions.

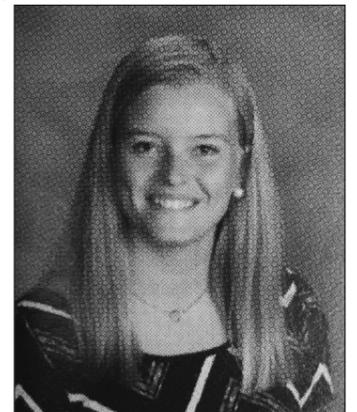
On the other hand, Mordica rescues dogs with her family.

Her family began rescuing dogs in 2008 when they realized that at their house in the country, hunters were releasing their less talented hunting dogs to fend for themselves in the wilderness.



photo courtesy Beth Ann Mordica

Walkerton the dog, fostered by the Mordicas.



photos courtesy Strawbridge

Beth Ann Mordica and Emily Key

"Somehow they all kept coming to our porch or our yard, and they were in such bad condition that we couldn't turn them away," said Mordica.

They have rescued and rehabilitated seven dogs.

Unlike the Keys, the Mordicas rescuing process isn't through an organization. Instead, they let fate bring the dogs to them.

Some of the dogs they find homes for, while others they

keep themselves, they have five dogs.

"I find it very rewarding to foster and rescue animals because we humans are so evolved that we have the capacity to care about life; not just human life but animals who didn't have any say in what happens to them. And I am honored to be a voice and representative for that love," said Mordica.

Godwin's own flying squirrels

Carter Straub

Rearview Editor

For the past 171 years, American baseball has been enjoyed by many. Juniors Jessica McWalters and Devon Furash help make this a possible. They are part of a group called the "Funn Bunch," a team of workers whose job requires them to recruit fans to play games and give out prizes to lucky spectators at Richmond Flying Squirrels games.

The girls participate in games on the field and are in charge of rallying the crowd. During the game, they run around the field flying flags displaying phrases such as "Go Nutz" in order to get

the crowd hyped for the game.

McWalters and Furash first heard about the job when both of their dads went to their hurling team's practice and met a man named Joe Domino. Domino was talking about how his dad worked with Parney, one of the head managers of the Flying Squirrels, and mentioned the "Funn Bunch".

He said that they needed more people to work for them when the season started in April and that their daughters should apply for the job.

"When my dad came home and asked me if I wanted to work for the Flying Squirrels I immediately said yes," said McWalters.

Both girls then went to The

Diamond to interview and were offered the job.

Four or five times a week, the girls work as the "Funn Bunch", working only the home games.

They are involved in setting up games on the field between innings and doing t-shirt tosses from the dugout. They often get

to speak with players on the team and have become friends with the managers of the Flying Squirrels.

"Other than the fact that we work with the best group of people imaginable, I love the fact that we get to watch parts of the game from right next to the

dugout," said McWalters.

"My favorite part is getting to see people I know and getting to go on the field and play games with crowd," said Furash.

Next time you find yourself at The Diamond, McWalters and Furash will be on the field making sure that you're on your feet.



photo courtesy Devon Furash

Jessica McWalters (l) and Devon Furash on their first day in the "Funn Bunch" at the Diamond.



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Reagan's "peace out Godwin"

Reagan Richmond
Photographer

Hello dedicated readers of the Eagles' Eyrrie.

It's that time of year again where summer is so dang close, but still so far away. Luckily for me, by the time you're reading this it will be my very last day of high school. Unfortunately for you underclassman, you have another two weeks... sorry not sorry.

By this time, I know that you probably aren't doing anything important in any of your classes, so you can take the time to read this. I'm sad to say the ending of my first and last year on the newspaper staff is coming to a close, and I see no better time than to reminisce on my favorite things from Godwin.

For starters, I miss my freshman year GPA- it doesn't get much better from there. I honestly didn't think it could get much worse, boy was I wrong. When I look back on freshman year, all I can truly envision about myself was me in my homecoming dress.

The dress was hot pink, had the most ridiculous rainbow jewels on the top and the poofiest that looked more like a jelly fish than a dress. Please enjoy the picture to truly understand my

level of awkward and weirdness. I don't think I'll ever miss my weird, freshman self, but there is one part of freshman year that I will always miss.

I will never forget the first day of school when an odd, bald, goofy man introduced himself to me as "Mr. Brandenburger", and from there on, I knew this weirdo and I would get along just great.

Throughout the year, he taught us everything from what "dolphin teets" were, to how to play quidditch. The game of quidditch consisted of me and my fellow classmates running around with field hockey sticks or "fokuses" in between our legs.

"Make sure to grasp your fokus firmly" he would yell from the sidelines dressed as Dumbledore. Apparently, I didn't quite listen well enough to quidditch instructions which lead me to throw my "fokus" at another person, leading to Dumbledore expelling me from Hogwarts. Besides that one instance of his fury, I will always miss him, his shining head, and his quirky personality.

Becoming a sophomore was the best feeling ever as we were no longer in the back of the bleachers at games, I thought that I was hot stuff to say it

nicely. Sophomore year I had the most interesting teacher at Godwin, the Woz, the Wozinator, the Super Woz, Mr. Wozny. I had him twice a day, once for study hall and once for English. His odd sense of humor and his unique choices of sweaters always kept me entertained, to say the least.

Additionally, the most fascinating thing about this man is his ability to play his original songs on the guitar, sing like an angel, and have his eyes completely closed while doing so. THAT is what I call pure talent.

I will miss almost nothing from junior year. I swear it was sent from the devil to destroy your GPA, confidence, and what little love for school you have left. In the beginning of the year I really did try hard, however by December I basically gave up after being beaten by my tragic test grades.

"Drop it like it's hot," was the advice I took from Snoop Dog my second semester when deciding to never do homework and my GPA resembled my sudden lack of motivation.

The whole year was a complete blur full of failing grades and tears. Little did I know that the series of unfortunate events of junior year would soon be

over.

Senior year, I finally realized how fast high school really does FLY by.

The once awkward freshman Reagan has matured to an older awkward Reagan in the blink of an eye. This year however has been my favorite year of my life.

Applying to colleges happened, which was insane because I feel like I just walked in the doors of Godwin yesterday as a freshman. By November I diagnosed myself with the most severe case of senioritis seen in quite a while at Godwin. We then ordered our caps and gowns, which I paid 45 dollars for the ugliest thing I will ever wear.

Mid-terms were cancelled after only missing three days and have now been cancelled for the seniors, in Caroline Cipolla's words, "4 out of the 3 years," which means we are totally not prepared for college, and especially college math, but really who cares, as we are about to graduate.

March 15 rolled around, and somehow by the grace of my lord baby Jesus above, I got into James Madison University, the school of my dreams.

The reality is that next year I will be sitting in a classroom

with windows for the first time in seven years.

I'm not going to miss these cinderblock walls, parking lot pot holes, and dark hallways, but I will forever miss my loving teachers, friends, and always the publications room of the Eagles' Eyrrie.

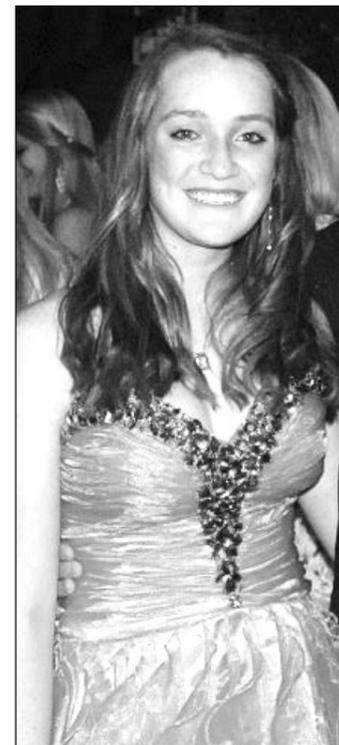


photo Reagan Richmond

Reagan Richmond at freshman homecoming.

The importance of mental health awareness

May is officially Mental Health Awareness Month. The Mental Health America Organization declared May as Mental Health Awareness month in 1949, hoping to shift Americans' viewpoints of mental health into a more proactive, responsive attitude. Each year, the organization releases a theme for the month of May that involves mental health. This year's topic of discussion is Risky Business.

"We believe it's important to educate people about habits and behaviors that increase the risk of developing or exacerbating mental illnesses, or could be signs of mental health problems themselves," wrote the Mental Health America Organization on their website (www.mentalhealthamerica.net).

Here are some facts and information about mental health and its abuse:

Prescription drug abuse:

Information

- Just over seven percent of people 12 and older misused prescription drugs in the last year.
- 12.5 million misused opioid pain relievers, 6.1 million misused tranquilizers, 5.3 million misused stimulants, 1.5 million misused sedatives
- The use of prescription drugs and their inaccessibility forces people addicted to the drugs' effects to seek cheaper street drugs such as heroin or oxycontin.
- People with poor mental health are three times more likely to misuse prescription drugs, and later, street drugs.
- Over 3.2 million people met the criteria for a prescription drug use disorder in the past year

How to address drug abuse in a healthy way:

- Talk to your doctor about non-addictive options for treating your medical condition if you feel at risk for misusing prescription drugs.
- Restrict access to medication from those who may want to misuse the drugs
- Dispose of unused or expired medication at safe medical kiosks. Walgreens has many drop-off sites around the country. A quick web search at bit.ly/kiosk2017 will

Depression

Information

- In 2014, around seven percent of adults had a major depressive episode (15.7 million people). This is enough people to fill every football and Major League Baseball Stadium over four times.
- Major Depressive disorder effects of 16 million Americans each year.
- Depression can be biological, cognitive, based on your gender, and can be genetic and part of your family history.

How to address anxiety in a healthy way:

- Find a support system that you can talk to if experiencing depressive thoughts.
- Eat well, sleep the proper amount each night, and maintain healthy relationships with friends and family.
- Identify signs and symptoms of developing depression: lack of interest in everyday activities, negative thoughts about life, avoidance of events.

Anxiety:

Information

- Over 21 percent of Adults between 18-64 show symptoms of an anxiety disorder (42.5 million)
- Many people with an anxiety disorder experience chest pain, rapid heartbeat, blackouts, difficulty breathing, nausea, muscle tension, and headaches during a panic or anxiety attack
- The disorder also consists of worrisome thoughts, nightmares, anticipating the worst, and a desire to avoid events that would typically trigger an attack.
- Anxiety disorders interfere with a person's day-to-day life.

How to address anxiety in a healthy way:

- Communicate with a parent, friend, or trustworthy adult about your anxiety for support.
- Find an activity that helps with your stress levels and has a calming effect
- Focus on small things you can control that will make the bigger events less stressful

Story by Emma Ford, Online Editor-in-Chief

If you are struggling with mental health, please talk to your counselors or a trustworthy adult. You can also get in contact with Godwin's "No Eagle Left Behind".

Further information can be found on www.mentalhealthamerica.net

The Roundup with Olivia and Charlotte: Throwbacks

Movies:

The Princess Diaries

The Princess Diaries staked its place as a classic the moment it came out. Don't lie and say that after seeing young Anne Hathaway living in a renovated firehouse with her cool, artsy mom, you didn't want to be a San Francisco teenager attending private school. It has every draw you could possibly ask for: the sudden fortune, the transformation, the familiarity of high school, and the coming-of-age element. No matter how old you are, The Princess Diaries will never fail to make you feel like a kid, quickly forming an idealized image of high school.

Mad Max

There is almost nothing else like the Mad Max universe. It is like Star Wars in the sense that the newer content endears its audience to its older content. However, it's also the pinnacle of the apocalyptic and post-apocalyptic genre. While the franchise is comprised of four movies: Mad Max, Mad Max 2, Mad Max Beyond the Thunderdome, and Mad Max: Fury Road, it is recommended that you watch Fury Road first. The intense, almost over-saturation of color in the Wastelands of Australia, the dedication to world-building, and the powerful soundtrack all pull you into the universe.

TV: Freaks and Geeks

What happens when the worlds of high school burnouts and high school chess club members begins to bleed together? A confusingly stellar cast - caught before the peak of their popularity - and a show cancelled too soon. Freaks and Geeks had the dream team, and they cut it down before they knew what they had. Young James Franco, Seth Rogen, and Jason Segel, among others, show their audience what it is to be a teenager at the tail end of the 90s.

photos Google Images

The Craft

Think Heathers, but if it had a baby with American Horror Story season three. When Sarah moves to San Francisco, she falls in with a group of girls who consider themselves witches. Sarah, gifted with natural powers, becomes the keystone of their coven. When one begins to overpower the others, and previous spells go bad, Sarah has to confront the coven to keep the people around her safe. Very campy and 90s (expect studded collars and PVC coats).

Pulp Fiction

Quentin Tarantino is the cianthro of writers and directors: you either love him, or he tastes like soap. If you're of the former persuasion, Pulp Fiction - with all of its grit, and blood, and steel - will most definitely appeal. The narrative created by Tarantino, when looked at closely, is really more than one story woven together. Jules, played by Samuel L. Jackson, and Vincent, played by John Travolta, navigate the waters of crime boss Marsellus Wallace, who in turn cuts careful negotiations with double-crossing boxer Butch. It moves quickly, folds over on itself, and pulls more than one hairpin turn. Overall, the action and almost cartoonish violence make for a movie worth watching.

Friday the 13th

The definition of a campy horror movie. Literally. Friday the 13th follows 80s teen camp counselors (prepare yourselves for hair and high-waisted denim shorts) who are being stalked by a disfigured killer out in the middle of the woods during the summer. Camp Crystal Lake isn't safe; "he's still there". The perfect horror movie for those not a fan of actual horror.

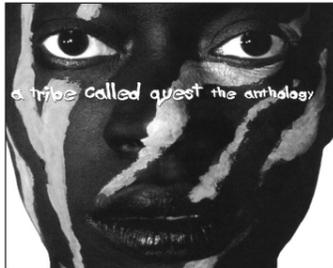
Charmed

Sisters Phoebe, Piper, and Prue find themselves with magical powers, living in a beautiful San Francisco house and trying to make it through their adult lives. They juggle jobs, kids, and demons. Almost like if Buffy the Vampire Slayer grew up and got a nine-to-five.

Music:

HIP-HOP/RAP/R&B

Albums



The Anthology
By: Tribe Called Quest



Licensed to Ill
By: the Beastie Boys



Purple Rain
By: Prince

Songs

"Rebel Without A Pause" and "Terminator X to the Edge of Panic"

By: Public Enemy

"Say My Name"
By: Destiny's Child

"Hey Ya!"
By: OutKast

"Tootsie Roll"
By: the 69 Boyz

"Suga Suga"
By: Baby Bash

"Killing Me Softly With His Song"
By: the Fugees

"19-2000"
By: The Gorillaz

"Kiss from a Rose"
By: Seal

POP

Albums



The E.N.D.
By: The Black Eyed Peas

Songs

"Bennie and the Jets"
By: Elton John

"Mr. Blue Sky"
By: Electric Light Orchestra

"Dancing Queen"
By: ABBA

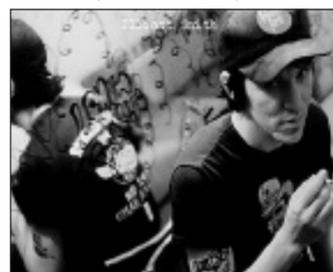
"Holiday"
By: Madonna

INDIE

Albums



Just Another Diamond Day
By: Vashti Bunyan



Either/Or
By: Elliott Smith

Songs

"Hairdresser on Fire"
By: Morrissey

"Blue Skied an' Clear"
By: Slowdive

"Swingin' Party"
By: The Replacements

ROCK

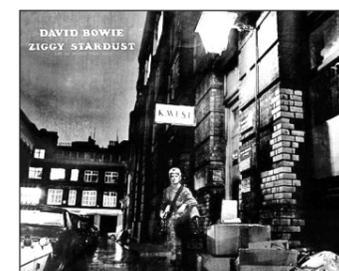
Albums



Best of Blondie
By: Blondie



Rumors
By: Fleetwood Mac



The Rise and Fall of Ziggy Stardust and the Spiders from Mars
By: David Bowie

Songs

"I Wanna Be Sedated"
By: The Ramones

DISCO

Songs

"September"
By: Earth, Wind, and Fire

Visit the Eagles' Eyrie online at www.godwineagles.org for a list of summer concerts and festivals going on around the Richmond area!



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Godwin Month by Month

September

Wesley Dugger named "Most Valuable Eagle"

"Eagles are what? On probation"

D.E.A.R. is implemented



Photo Reagan Richmond

October

Todd Phillips Birthday Bash

Homecoming

Senior guy's dance



Photo Kevin Crockett

November

"Fools" play

Clowns take over

Veteran's Day assembly



Photo Google Images

December

Andy Jenks comes to Godwin

German exchange students visit for two weeks



Photo courtesy Christen Macklin

January

Exams cancelled... again!

Hall of Fame induction



Photo courtesy Tom Veazey

February

Michael Whitty crowned Mr. MG

Variety show



Photo courtesy Michael Whitty

March

Game Night

No Eagle Left Behind assembly



Photo courtesy Thor Macht

April

Spring Break!



Photo Google Images

May

Prom

"Addams Family"

American Flag controversy



Photo courtesy Thor Macht